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## ABSTRACT

A revision of the 1989 publication, this directory was compiled in order to help parents and professionals involved with Head Start home-based programming in meeting the needs of young children and families. The directory lists a broad range of guides and resources on topics related to Head Start home-based programs. Each listing provides the resource title, supplier or author, resource type, description, and appropriate audience or users. Resources include books, guides, films, and videos. The sections of the directory are: (1) Administration (including information on choosing, funding, and coordinating the home-based option; staff training needs, recruitment, and selection; and advocating for services and program planning and solving strategies); (2) Education (including resources related to language development, socialization, behavior management, child development, individualization, screening and assessment, multi-cultural and non-sexist literature, and transitioning children to elementary school); (3) Disabilities (including material on advocacy, support groups, legal rights and responsibilities, behavior problems, testing and evaluation, family adjustments, and sibling issues); (4) Health (including medical, dental, and mental health resources, as well as nutritional services, safety, and first-aid); (5) Parent Involvement (including information on gifted children, support groups, behavior management, and general parenting); and (6) Social Services (including information on identifying difficulties, preventing and remedying problems such as abuse and neglect, making referrals, alternative families, families in crisis, and conflict resolution and cultural differences). Appendices include listings of agencies and organizations, newsletters and journals, toll free numbers, and training and technical assistance resources. An index to Spanish-language materials and organizations is included. (BGC)

# Head Start Home-Based Resource Directory

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DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Administration for Children and Families  
Administration on Children, Youth and Families  
Head Start Bureau

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# HEAD START HOME-BASED RESOURCE DIRECTORY



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Administration for Children and Families  
Administration on Children, Youth and Families  
Head Start Bureau

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We express special thanks to the staff and consultants of Trans-Management who contributed in the preparation of this resource directory: Candice Walker and Katherine Simmons, Administrative Assistant, who processed the Handbook.

# Contents

	Page
Section I	
<b>Administration</b> . . . . .	1
Section II	
<b>Education</b> . . . . .	9
Section III	
<b>Disabilities</b> . . . . .	29
Section IV	
<b>Health</b> . . . . .	41
Section V	
<b>Parent Involvement</b> . . . . .	63
Section VI	
<b>Social Services</b> . . . . .	79
<b>Appendices</b>	
A. Agencies/Organizations . . . . .	89
B. Newsletters/Journals . . . . .	99
C. Toll Free Numbers . . . . .	109
D. Training and Technical Assistance Resources . . . . .	115
<b>Index</b>	
A. Titles . . . . .	143
B. Titles and Organizations/Spanish . . . . .	153

## INTRODUCTION

There is a richness and diversity in Head Start Home-Based programming that is unparalleled in other educational settings. It relies on the creative energy and enthusiasm of the home visitor, the advocacy and cooperation of family and community members, and the foresight and commitment of administrators, coordinators, and trainers. This team of parents and professionals is constantly being challenged to adapt, improve, and individualize services to meet the particular needs of young children and their families who receive home-based programming. No one person or organization can be expected to know of, or gather together, all of the information necessary to produce and maintain such excellence of service, unassisted.

The *Head Start Home-Based Resource Directory* was developed in 1989 as a partial response to this need. This revised version is a result of a nationwide update of the listings of exemplary books, curriculums, audiovisual materials, bibliographies, and other current resources that the home-based programs may find helpful. Inasmuch as Head Start regulations require that comprehensive child development services be provided in the Head Start home-based program option, this resource directory contains materials in the areas of Administration, Education, Disabilities, Health, Parent Involvement, and Social Services. In addition, appendices contain a section on agencies and organizations that may relate to home-based programming, plus newsletters and journals that will facilitate information exchange, a list of toll-free numbers for quick reference, and a listing of professionals, programs, and agencies that provide training and technical assistance to Head Start home-based grantees.

There are a couple of ways to access information from the directory. In each of the six topic sections, resources have been listed alphabetically by title. Information on where and how such a resource can be obtained is included. One index lists the resources alphabetically by title. Another index lists resources which are available in Spanish.

This directory is designed to provide a broad base of information on a variety of related topics concerning Head Start home-based programs. It may stimulate further investigation for specific materials or may inspire development of new materials or the adaptation of existing ones. We hope it will be seen and used for expanding, revising, and creating the best Head Start home-based programs possible.



# Administration



The Administration section of this resource directory has a variety of materials that are useful to program planners, supervisors and administrators who are involved with home-based programming. It is a quick reference for those seeking information on choosing, funding, and coordinating the home-based option. Listings address staff training needs, recruitment, selection, evaluation; general information on advocating for services and program planning and solving strategies are included.

There are many resources that apply specifically to Head Start programs and will be most useful in that context. In addition, materials that focus on research, record keeping, job descriptions, Child Development Associate (CDA) credential requirements and program costs are also included. Effective administrative planning is a prerequisite to successful program implementation, and these entries help to provide resources that enhance and enrich home-based programming.



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**Title:** Building a Relationship With Mother and Child

**Supplier:** High Scope Press  
Department 10, 600 N. River Street  
Ypsilanti MI 48198  
(313) 485-6000

**Resource Type:** Film    **Length (min):** 18    **Cost:** \$190.00    **Rent:** \$25.00

**Description:**

This film provides a good basic orientation to the home visitor and stresses the importance of building relationships within family structures. It encourages family involvement in planning and implementing programs within the home environment and supports the interactive relationship between parent, child, and home visitor.

**Appropriate For:** Administrators, Home Visitors, Coordinators

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**Title:** Building Families:  
A Training Method for Home-Based Head Start

**Author:** Spackman, M.E.

**Supplier:** Bear River Head Start  
75 South 400 West  
Logan UT 84321  
(801) 753-0951

**Published:** 1985

**Resource Type:** Book    **Length (pgs):** 80    **Cost:** \$5.50

**Description:**

This is a general guide for home visitors. It opens with a discussion of the philosophy of a good home-based program. The author offers information about all aspects of the home visit as well as information about topics such as lesson planning, component integration, group experiences, and supervision.

**Appropriate For:** Trainers, Administrators, Home Visitors, Coordinators

## ADMINISTRATION

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**Title:** Families and Early Childhood Programs

**Author:** Powell, D.R.

**Supplier:** National Association for the Education of Young Children  
1509 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777  
(800) 424-2460

**Published:** 1989

**Resource Type:** Book      **Length (pgs):** 141      **Cost:** \$6.00

**Description:**

This book reviews the literature on rationales for working with parents, relations between families and early childhood programs, and strategies for addressing home-school relations.

**Appropriate For:** Administrators, Coordinators, Trainers, Home Visitors

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**Title:** First Sixty Months, The: A Handbook of Promising Prevention Programs for Children Zero to Five Years of Age

**Author:** National Governors' Association

**Supplier:** National Governors' Association  
Hall of the States, 444 North Capitol Street, Suite 267  
Washington DC 20001  
(202) 624-5300

**Published:** 1987

**Resource Type:** Guide      **Length (pgs):** 44      **Cost:** \$12.50

**Description:**

This guide describes nineteen diverse prevention programs that work with children and families. It may be helpful to other programs working with families, stressing the success of early intervention programs. The programs' keys to success include: coordination of services with multiple agencies, going into families' homes, and maximizing parent involvement.

**Appropriate For:** Administrators

**Title:** Home Visiting - Procedures for Helping Families

**Author:** Wasik, B.H., Bryant, D.M., and Lyons, C.M.

**Supplier:** Sage Publications  
2111 West Hillcrest Drive  
Newbury Park CA 91320  
(805) 499-0721

**Published:** 1990

**Resource Type:** Book      **Length (pgs.):** 304      **Cost:** \$19.95 paperback

**Description:**

This book provides home visitors with a broad orientation to their work, covering the history of home visiting, its philosophy, and current practices. Topics included in this comprehensive volume are hiring home visitors, training models, supervision, professional and ethical issues, clinical skills, documentation, and evaluation procedures.

**Appropriate For:** Home Visitors, Coordinators, Administrators, Trainers

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**Title:** Home Visitor Standards - CDA Competency

**Author:** National CDA Credentialing Program

**Supplier:** Council for Early Childhood Professional Recognition  
1341 G Street, NW, Suite 400  
Washington DC 20005-3105  
(800) 424-4310

**Published:** 1987

**Resource Type:** Guide      **Length (pgs.):** 47      **Cost:** \$2.00

**Description:**

Guide provides an overview of the CDA National Credentialing Program and the Competency Standards and assessment system for home visitors. Lists eligibility requirements and information, collection responsibilities of the local team that conducts the evaluation of a candidate for the CDA credential. Contains the complete CDA *Competency Standards for Home Visitors*.

**Appropriate For:** Trainers, Administrators, Home Visitors, Coordinators

## ADMINISTRATION

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**Title:** Lay Home Visiting Programs:  
Strengths, Tensions, and Challenges

**Author:** Larner, M. & Halpern, R.

**Supplier:** Zero To Three/National Center for Clinical Infant Programs  
2000 14th Street, NW, Suite 380  
Arlington VA 22201  
(703) 528-4300

**Published:** 1987

**Resource Type:** Article from *Zero to Three*, Vol. VIII, No. 1

**Description:**

This article looks at the pros and cons, the strengths and weaknesses, and the challenges of providing home visitation programs to families. The authors warn against expecting home visitation to solve all of a family's obstacles. They state that "lay home visiting is an attractive element of a broader package of family support strategies we should all be promoting."

**Appropriate For:** Administrators

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**Title:** Practical Tips for the First Time Supervisor

**Author:** Estes, M.L.

**Supplier:** Head Start Resource and Training Center  
University Blvd. at Adelphi  
College Park MD 20742  
(800) 888-8682

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 55      **Cost:** \$10.00

**Description:**

This manual is designed to provide supervisory development support for individuals entering a supervisory position for the first time. It draws from a variety of periodicals. The information can also serve as a refresher for experienced staff. Included are specific principles, dos and don'ts, and problem solving techniques.

**Appropriate For:** Administrators, Coordinators

**Title:** Problems Encountered By The Home Visitor

**Supplier:** High Scope Press  
Department 10, 600 River Street  
Ypsilanti MI 48198  
(313) 485-2000

**Resource Type:** Film **Length (min):** 15 **Cost:** \$160.00 **Rent:** \$25.00

**Description:**

This film is appropriate for initiating discussions during home visitor training. It illustrates typical problems such as being late for a visit and parents who do not keep appointments, and gives suggestions for dealing with these issues, as well as for difficult family situations that may occur.

**Appropriate For:** Trainers, Home Visitors, Coordinators

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**Title:** Role of The Home Visitor, The

**Author:** High/Scope

**Supplier:** High/Scope Press  
Department 10, 600 River Street  
Ypsilanti MI 48198  
(313) 485-2000

**Resource Type:** Film **Length (min):** 23 **Cost:** \$250.00 **Rent:** \$30.00

**Description:**

Key elements of a successful home visit program, with emphasis on the roles a successful home visitor must fulfill. This film is particularly useful in the early stages of screening and training potential home visitors.

**Appropriate For:** Trainers, Administrators, Home Visitors, Coordinators

# Education



The Education resources listed in this section of the directory assist the home visitor in planning and implementing home visits. General information on language development, socialization, behavior management, child development, and individualization are found here. Resources that relate to screening and assessment, multi-cultural and non-sexist literature, as well as transitioning children to elementary school are also included.

There are many resources that provide extensive information on curriculum development and others that deal with learning activities, games, songs, and teaching materials that can be used during home visits. Additional listings are in the Parent Involvement and Health sections of the directory.

This is only a partial listing of the rich and varied resources available to enhance Head Start home-based educational programming. Many excellent materials have been developed for local or regional use. Listings in this directory are a point of departure, not all inclusive.

**BEST COPY AVAILABLE**

14

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**Title:** Ages and Stages  
**Author:** Miller, K.  
**Supplier:** Telshare Publishing Co.  
24 Breakwater Drive  
Chelsea MA 02150  
(800) 343-9707  
**Published:** 1985  
**Resource Type:** Book **Cost:** \$12.95

**Description:**

A clear account of the stages of physical, emotional, and intellectual development for children from birth to eight years. A handy survival guide for both teachers and parents. Provides knowledge base to plan developmentally appropriate days. It focuses on crucial caregiver behaviors and presents sample homemade materials to foster the child's emerging skills.

**Appropriate For:** Trainers, Home Visitors, Parents

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**Title:** Alike and Different: Exploring Our Humanity  
With Young Children  
**Author:** Neugebauer, B., Editor  
**Supplier:** Exchange Press, Inc.  
PO Box 2890  
Redmond WA 98073  
(206) 883-9394  
**Published:** 1987  
**Resource Type:** Book **Length (pgs):** 160 **Cost:** \$14.00

**Description:**

A series of articles by different authors concerning young children and humanity. Some of the chapters included are anti-bias curriculum, talking about differences children notice, nonsexist childrearing, recognizing giftedness in early childhood programs, criteria for selection of books and material, lists of multicultural, nonsexist books and a list of resources on diversity.

**Appropriate For:** Trainers, Home Visitors, Coordinators

## EDUCATION

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**Title:** Before the Basics: Creating Conversations With Young Children

**Author:** Bos, B.

**Supplier:** Gryphon House, Inc.  
PO Box 275W, 3706 Otis Street  
Mount Rainier MD 20712  
(800) 638-0928

**Published:** 1986

**Resource Type:** Book      **Length (pgs):** 156      **Cost:** \$12.50

**Description:**

A practical guide for using language and music to encourage creativity and self-esteem in young children. *It is a blockbuster in soft cover!* Even an experienced teacher reads this book with a thrust of wonder at the richness of the material presented and the genuine love and respect for children it exhibits.

**Appropriate For:** Home Visitors, Parents

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**Title:** Beginner's Bibliography - 1991

**Author:** Greenberg, P.

**Supplier:** NAEYC  
1509 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777  
(800) 424-2460

**Published:** 1991

**Resource Type:** Pamphlet      **Cost:** \$.50

**Description:**

Annotated list of the best resources about young children. This bibliography is designed to provide a wide variety of materials on topics of interest to parents of young children, including normal growth and development and special needs. Home visitors will find it a useful reference as will others new to this field.

**Appropriate For:** Administrators, Home Visitors, Coordinators



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**Title:** Calendar of Developmental Activities for Preschoolers

**Author:** D'Audney, W.

**Supplier:** Meyer Children's Rehabilitation Institute  
600 South 42nd Street  
Omaha NE 68198-5450  
(402) 559-7467

**Published:** 1983

**Resource Type:** Book      **Length (pgs):** 88      **Cost:** \$7.00

**Description:**

An idea resource book. The activities are presented within a hierarchy of learning--more elementary activities are presented in the fall months and the more complex ones in the spring. Suggestions are given for modifying many of the activities to the child's level of development.

**Appropriate For:** Home Visitors, Parents

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**Title:** Children Around the World

**Author:** Caballero, J. & Whordley, D.

**Supplier:** Humanics Limited  
PO Box 7400  
Atlanta GA 30357  
(404) 874-2176

**Published:** 1991

**Resource Type:** Book      **Length (pgs):** 172      **Cost:** \$16.95

**Description:**

Fun filled activity book used to introduce young children to cultures and people around the world. Well researched and supplemented with an abundance of representative photographs and illustrations. Contains descriptions, recipes, activities, and games from 35 countries.

**Appropriate For:** Trainers, Home Visitors, Parents

## EDUCATION

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**Title:** Crayons, Crafts and Concepts

**Author:** First Teacher

**Supplier:** First Teacher  
Box 180  
Wilmington NC 28402  
(800) 334-9806

**Published:** 1985

**Resource Type:** Book      **Length (pgs):** 106      **Cost:** \$10.95

**Description:**

This book is from First Teacher, and includes art projects that can teach basic concepts and be integrated into the home visit and group socialization activities. *Crayons, Crafts and Concepts* gives basic recipes for paints and doughs. Most of the fifty-plus projects are individualized and open-ended. Each project is presented in a one-page, easy-to-read format with illustrated directions.

**Appropriate For:** Home Visitors, Parents

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**Title:** Culture and Children

**Author:** Texas Department of Human Services

**Supplier:** Distribution Coordinator Media Services  
Division E205 Texas Department of Human Services  
PO Box 149030  
Austin TX 78714-9030  
(512) 450-4251

**Published:** 1985

**Resource Type:** Book      **Length (pgs):** 134      **Cost:** \$12.00

**Description:**

This practical hands-on guide is designed for enriching the cultural environment of children by developing multicultural materials. Background information is provided on various cultural groups, including Asian, Native American, Mexican American, Black American, European and Jewish. Multicultural resources are listed in the back of the book.

**Appropriate For:** Trainers, Home Visitors, Parents

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**Title:** Developmental Screening in Early Childhood: A Guide

**Author:** Meisels, S.J.

**Supplier:** NAEYC  
1509 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777  
(800) 424-2460

**Published:** 1985

**Resource Type:** Guide      **Length (pgs):** 55      **Cost:** \$4.50

**Description:**

This guide recommends ways to organize and conduct an exemplary early childhood screening program. It recognizes the importance of early identification of special needs and includes advice on selecting an appropriate screening instrument and sample forms.

**Appropriate For:** Administrators, Coordinators

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**Title:** Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth through Age 8 - Expanded Edition

**Author:** Bredekamp, S., Editor

**Supplier:** National Association for the Education of Young Children  
1509 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777; (800) 424-2460

**Published:** 1987

**Resource Type:** Guide      **Length (pgs):** 61      **Cost:** \$5.00

**Description:**

The guidelines in this book will help teachers, parents, program administrators, policy makers, and others make informal decisions about the education of young children. Here is the scientific evidence to corroborate what good teachers and parents have always known--early childhood learning activities must be appropriate to the child's age and developmental stage to promote success.

**Appropriate For:** Administrators, Home Visitors, Parents, Coordinators

## EDUCATION

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**Title:** Get a Jump on Kindergarten

**Author:** Frohman, S. & Wollenburg, K.

**Supplier:** Portage Project, CESA 5  
626 East Slifer Street  
Portage WI 53901  
(608) 742-8811

**Published:** 1983

**Resource Type:** Guide      **Length (pgs):** 40      **Cost:** \$3.00

**Description:**

Valuable reading for all parents who are preparing their children for kindergarten. This guide makes the transition easier for children and parents. Delightfully illustrated by elementary students, this innovative approach presents practical suggestions for helping children become successful and independent in their kindergarten experience.

**Appropriate For:** Home Visitors, Parents

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**Title:** Home Start Curriculum Guide

**Author:** Roggman, L., Debolt, C., Davis, J., Wagner, J., Glance, P., & Stokes, J.

**Supplier:** Bear River Head Start  
75 South 400 West  
Logan UT 84321  
(801) 753-0951

**Published:** 1976

**Resource Type:** Curriculum Guide      **Length (pgs):** 193      **Cost:** \$8.50

**Description:**

This guide contains goals, objectives and activities for home visitors and parents to incorporate into home visits and/or group socialization activities. The activities include the areas of large and small motor development, concept development (shape, color, size, numbers), language development, self concept, and health and nutrition concepts. It contains parents' guides as well as follow-up activities for positive reinforcement.

**Appropriate For:** Home Visitors, Parents, Coordinators

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**Title:** Home Visit, The: A Preschool Educational Experience

**Supplier:** The Preschooler  
Box 24464  
Johnson City TN 37614  
(615) 929-4415

**Published:** 1983

**Resource Type:** Videotape      **Length (min):** 35      **Cost:** \$85.00

**Description:**

This video shows a home visitor making an actual home visit with a parent and her preschool child. It demonstrates how to develop the necessary relationships with parents in order to have successful home visits. The video also shows how a home visitor should share child development information with the parent during her home visit.

**Appropriate For:** Trainers, Home Visitors, Coordinators

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**Title:** Homestretch, The

**Author:** Cansler, D. & Rusciano, S.

**Supplier:** Kaplan Press  
PO Box 609  
Lewisville NC 27023  
(800) 334-2014

**Published:** 1982

**Resource Type:** Book      **Length (pgs):** 60      **Cost:** \$7.95

**Description:**

Provides an excellent variety of home learning activities for young children. Coordinates with the 44 units of *A Planning Guide to the Preschool Curriculum*. The two-page units are designed for parent distribution to enhance their involvement in young children's learning.

**Appropriate For:** Home Visitors, Parents

## EDUCATION

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**Title:** Invitation to Play, An

**Author:** Lange, J. & Zicher, C.

**Supplier:** Wisconsin Department of Public Instruction  
125 South Webster Street, PO Box 7841  
Madison WI 53707  
(800) 243-8782

**Published:** 1986

**Resource Type:** Guide   **Length (pgs):** 86   **Cost:** \$10.00 prepaid

**Description:**

Designed to help parents of preschool handicapped children to build positive parent-child interaction through play, this guide contains directions for many play activities--painting, kitchen play, paper capers, water play, exploring the outdoors, and make-believe play with boxes. Although designed for handicapped preschoolers, ideas can be used with all preschoolers.

**Appropriate For:** Home Visitors, Parents

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**Title:** Invitation to Play, An: A Teacher's Guide

**Supplier:** Publication Sales  
Wisconsin Department of Public Instruction  
125 South Webster Street, PO Box 7841  
Madison WI 53707  
(800) 243-8782

**Published:** 1986

**Resource Type:** Guide   **Length (pgs):** 86   **Cost:** \$10.00 prepaid

**Description:**

This guide provides teachers with a background on play and its importance in a young child's development. Sections include information on stages and levels of play, criteria for choosing an activity, enhancing play for handicapped children, observing children at play, and the importance of adult involvement in play. Supplements *An Invitation to Play*.

**Appropriate For:** Trainers, Home Visitors, Coordinators

**Title:** It Takes All Parts: An Activity Book to Develop Self-Concept in Young Children

**Author:** The Capper Early Education Team

**Supplier:** The Capper Foundation  
3500 West Tenth Street  
Topeka KS 66604  
(913) 272-4060

**Resource Type:** Curriculum    **Length (pgs):** 149    **Cost:** \$3.95 + \$3.00 shipping

**Description:**

This book provides activities designed to stimulate and improve motor, cognitive, social, and language behavior. Specifically intended for severely disabled and sensory impaired children. Can also be used with other children with some adaptation. Includes snack ideas, songs and art activities, as well as self-concept activities.

**Appropriate For:** Home Visitors, Parents

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**Title:** Language Games To Play With Your Child

**Author:** McCabe, A., Ph.D.

**Supplier:** Ballantine Books  
201 East 50th Street  
New York NY 10022  
(212) 751-2600

**Published:** 1987

**Resource Type:** Book    **Length (pgs):** 264    **Cost:** \$6.95

**Description:**

A collection of 103 games that provide a clear, accessible framework for monitoring child development. These games are geared for children of all ages. Each game is simple and creative, each one is explained step-by-step with a statement of purpose, brief instructions, and variations parents might like to try. All activities can be easily integrated into daily routines.

**Appropriate For:** Home Visitors, Parents

## EDUCATION

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**Title:** Learning in Pairs: A Parent-Teacher Instructor's Guide for Children 2-6 Years Old

**Author:** Granovetter, R.F. & Shaw, E.F.

**Supplier:** Kaplan School Supply Corporation  
PO Box 609  
Lewisville NC 27023  
(800) 334-2014

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 60      **Cost:** \$12.95

**Description:**

*Learning in Pairs* offers fun educational activities for parents, teachers and children. While children are enjoying these activities, they are learning and practicing new skills. The authors selected socks as the main material used in each activity because socks are a common household item and make excellent teaching tools.

**Appropriate For:** Home Visitors, Parents

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**Title:** Little Beginnings: The First Five Years

**Supplier:** World Book Educational Products  
Station 9/LB  
101 Northwest Point Boulevard  
Elk Grove Village IL 60007  
(800) 848-8170

**Published:** 1992.

**Resource Type:** Book      **Cost:** Single copy - Free  
Pkg of 25 - \$17.25

**Description:**

This book is a guide for parents to help their children move from home to school. It contains "how to" advice for parents with activities for a child's first six months and every developmental period thereafter. The book focuses on how parents can encourage their child's social, intellectual and emotional development.

**Appropriate for:** Parents, Home Visitors



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**Title:** More Than The ABC's:  
The Early Stages of Reading and Writing

**Author:** Schickedanz, J.A.

**Supplier:** National Association for the Education of Young Children  
1509 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777; (800) 424-2460

**Published:** 1986

**Resource Type:** Book      **Length (pgs):** 147      **Cost:** \$6.00

**Description:**

This book is intended to help parents and teachers give literacy learning "a playful, interesting, useful, and joyous place in all children's lives." Deals with children learning about written language because it is part of their lives, rather than formal lessons. Lists of books suitable for different ages printed in various areas in the book.

**Appropriate For:** Home Visitors, Parents

---

**Title:** 1-2-3 Art

**Author:** Warren, J.

**Supplier:** Totline Press  
Warren Publishing House, Inc.  
PO Box 2255  
Everett WA 98203  
(206) 485-3335

**Published:** 1985

**Resource Type:** Book      **Length (pgs):** 160      **Cost:** \$14.00

**Description:**

This book provides parents and home visitors with an abundance of open-ended art activities for working with the young child. Emphasis is on the process rather than the product. All activities are appropriate for any time of year with a seasonal index at the end of the book to aid in locating activities that are especially adaptable for certain seasons or holidays.

**Appropriate For:** Home Visitors, Parents

## EDUCATION

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**Title:** 1-2-3 Games: No-Lose Group Games for Young Children  
**Author:** Warren, J.  
**Supplier:** Totline Press  
Warren Publishing House, Inc.  
PO Box 2255  
Everett WA 98203  
(206) 485-3335  
**Published:** 1986  
**Resource Type:** Book      **Length (pgs):** 79      **Cost:** \$7.95

**Description:**

Book provides parents and home visitors with no-lose game suggestions that allow children to experience success by playing together in a spirit of cooperation rather than of competition. The games are designed to be played by two or more children, either of the same age or of varying ages. Children can enjoy these games at their own developmental levels, thus gaining confidence and self-esteem.

**Appropriate For:** Home Visitors, Parents

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**Title:** Open the Door, Let's Explore  
**Author:** Redleaf, R.  
**Supplier:** Gryphon House, Inc.  
PO Box 275  
Mount Rainier MD 20712  
(800) 638-0928  
**Published:** 1983  
**Resource Type:** Book      **Length (pgs):** 200      **Cost:** \$13.95

**Description:**

Unique and comprehensive guide is brimful of fun and inexpensive activities designed to help young children (2-8 years) learn from neighborhood walks and trips to a variety of places in the community. Includes introductory and follow-up activities for each walk/trip. Contains a list of books appropriate for children after each section.

**Appropriate For:** Home Visitors, Parents

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**Title:** Piggyback Songs

**Author:** Warren, J.

**Supplier:** Totline Press  
PO Box 2255  
Everett WA 98203  
(206) 353-5203

**Published:** 1983

**Resource Type:** Book      **Length (pgs):** 64      **Cost:** \$7.95

**Description:**

Contains 110 new songs sung to the tune of old favorites. Children, teachers, and parents will find them easy to learn and to remember. An excellent resource for family and school sing-a-longs. Guitar and autoharp chords are provided.

**Appropriate For:** Home Visitors, Parents

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**Title:** Play Power: Skill Building for Young Children

**Author:** Educational Productions

**Supplier:** Educational Productions  
7412 SW Beaverton Hillsdale Hwy., Suite 210  
Portland OR 97225  
(800) 950-4949

**Published:** 1989

**Resource Type:** Videotapes      **Length:** 30 min. ca.      **Cost:** Purchase: \$295.00 ca.  
Rent: \$60.00 ca.

**Description:**

Two award-winning programs for any adult working with young children, each includes a video and 24-page facilitator's guide. Titles are: "*Child's Play: The World of Learning*" and "*Time Together: Learning to Play with Young Children.*"

**Appropriate For:** Home Visitors, Parents, Trainers, Coordinators

## EDUCATION

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**Title:** Practical Guide to Solving Preschool Behavior Problems, A  
**Author:** Essa, E.  
**Supplier:** Delmar Publishers, Inc.  
3 Columbia Circle Drive  
Albany NY 12203-5015  
(518) 464-3500  
**Published:** 1990  
**Resource Type:** Book      **Length (pgs):** 434      **Cost:** \$19.95

**Description:**

This book is carefully designed to help the reader develop guidance techniques. The text presents a workable method, developed through extensive research, for dealing effectively with children's behavior. Describes how to apply behavior modification techniques and explains the appropriate situations in which to use them.

**Appropriate For:** Home Visitors, Parents

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**Title:** Read To Me! Sharing Books with Young Children  
**Author:** Educational Productions  
**Supplier:** Educational Productions  
7412 SW Beaverton Hillsdale Hwy., Suite 210  
Portland OR 97225  
(800) 950-4949  
**Published:** 1991  
**Resource Type:** Videotape      **Length (min):** 25      **Cost:** Purchase: \$295.00  
Rent: \$60.00

**Description:**

National award-winning video encourages parents to read aloud to young children. This video training program offers guidelines for making reading aloud stimulating and fun. Accompanied by a 28-page facilitator's guide and reproducible viewer's guide, *Read to Me!* is the base for multiple activities.

**Appropriate For:** Parents, Home Visitors, Trainers

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**Title:** Ring a Ring O'Roses

**Author:** Flint Public Library

**Supplier:** Redleaf Press  
450 N. Syndicate, #5  
St. Paul MN 55104-4125  
(800) 423-8309

**Published:** 1981

**Resource Type:** Book      **Length (pgs):** 99      **Cost:** \$3.95

**Description:**

Stories, games and fingerplays for preschool children. Fingerplays/action rhymes have been divided into major subheadings such as animal kingdom, child from top to toe, circus and zoo, holiday, people we know, seasons, etc. Also has a list of stories to tell and play and favorite folk tales.

**Appropriate For:** Home Visitors, Parents

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**Title:** Scribble Cookies and Other Independent Creative  
Art Experiences for Children

**Author:** Kohl, M.F.

**Supplier:** Gryphon House, Inc.  
PO Box 275  
Mount Rainier MD 20712  
(800) 638-0928

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 189      **Cost:** \$12.95

**Description:**

This is an excellent resource of over 100 art techniques, both familiar and unique. Emphasis is placed on the child's individual creativity--the process of self-expression and exploration--rather than the end product. It has offerings for various age groups and provides activities that are both challenging and fun.

**Appropriate For:** Home Visitors, Parents

## EDUCATION

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**Title:** Slow and Steady, Get Me Ready -- A Parent's Handbook

**Author:** Oberlander, J.R.

**Supplier:** Main Associates, Inc.  
8111 Holly Lane, Suite 110  
Clinton MD 20735  
(800) 648-2289

**Published:** 1988

**Resource Type:** Handbook    **Length (pgs):** 324    **Cost:** Handbook -\$19.95(plus \$2.00 shpg & hndlg)  
Video Workshop-\$19.95  
(+ \$2.00 shpg & hndlg)

**Description:**

This handbook contains interesting, educational and fun preschool readiness activities. For newborns to 5 year olds, it recommends one activity for each week (each activity takes about 10 minutes)...five years of activities. These activities use primarily household items for materials. Each activity also includes a list of the skills it develops. A 30-minute video workshop is also available. This video shows a sampling of age-appropriate activities that are included in the handbook.

**Appropriate For:** Parents, Home Visitors, Trainers

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**Title:** Steps To CDA for Home Visitors

**Author:** Maples, M.

**Supplier:** Mary Maples  
138 Jamesville Road, #D-3  
Syracuse NY 13210  
(315) 478-5106

**Published:** 1985

**Resource Type:** Book    **Length (pgs):** 80    **Cost:** \$9.00 (plus \$1.50 for mailing)

**Description:**

This is a self-taught training program for home visitors who are preparing for the CDA assessment. It contains learning activities, portfolio ideas, suggested slides, filmstrips, readings, and other resources for each CDA competency area. It is a companion book to *Skills for Preschool Teachers* by Janice Beaty.

**Appropriate For:** Trainers, Home Visitors, Coordinators

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**Title:** Super Groups: Young Children Learning Together

**Author:** Educational Productions

**Supplier:** Educational Productions  
7412 SW Beaverton Hillsdale Hwy., Suite 210  
Portland OR 97225  
(800) 950-4949

**Published:** 1990 - 1991

**Resource Type:** Videotape    **Length:** 30 min. ea.    **Cost:** Purchase: \$295.00  
Rent: \$60.00 ea.

**Description:**

Three award-winning video training programs for adults who work with groups of young children. Each includes a 24-page facilitator's guide and viewer's guide. Titles are *Come Join In: Guidelines for Successful Group Times*, *Give Yourself a Hand: Guidance Techniques for Group Times*, and *Once Upon a Time: Skills for Reading Aloud at Group Time*.

**Appropriate For:** Trainers, Home Visitors

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**Title:** Teachables II: Homemade Toys that Teach

**Author:** Redleaf, R.

**Supplier:** Redleaf Press  
450 N. Syndicate, #5  
St. Paul MN 55104-4125  
(800) 423-8309

**Resource Type:** Book    **Length (pgs):** 224    **Cost:** \$14.95

**Description:**

This is an activity focused resource for use with young children and has 75 new toys to make from readily available *junk* materials. Each toy has simple instructions and clear illustrations. The resource includes a section on toy safety and materials selection. Recommended for home or classroom.

**Appropriate For:** Home Visitors, Parents

**Title:** Your Baby and Child: Birth to 5

**Author:** Leach, P.

**Supplier:** Alfred Knopf, Inc.  
Random House  
201 East 50th Street  
New York NY 10022  
(800) 638-6460  
(212) 751-2600

**Published:** 1989

**Resource Type:** Book      **Length (pgs):** 512      **Cost:** \$19.95

**Description:**

Definitive book on development of the young child from birth to age 5. Filled with practical information on both the *basics* (feeding, sleeping, etc.) and on specific problems (temper tantrums, fears, etc.). An excellent resource for everyone concerned with children.

**Appropriate For:** Trainers, Home Visitors, Parents, Coordinator

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**Title:** Your Four-Year Old: Wild and Wonderful

**Author:** Ames, L. & Ilg, F.L.

**Supplier:** Dell Publishing Co., Inc.  
666 Fifth Avenue  
New York NY 10103  
(212) 765-6500

**Published:** 1980

**Resource Type:** Book      **Length (pgs):** 152      **Cost:** \$8.95

**Description:**

The authors describe characteristics, accomplishments, and abilities of a typical four-year-old child. They discuss many questions posed by parents that are unique to four-year-old girls and boys, and they offer parents practical advice and enlightening psychological insights. Appendices list good toys and books for four-year-olds and also books for parents of four-year-olds.

**Appropriate For:** Trainers, Home Visitors, Parents



# Disabilities



This section of the directory includes resources that will assist home visitors working with families that have children with disabilities. It includes material on advocacy, support groups, legal rights and responsibilities as well as the more immediate issues dealing with behavior problems, testing and evaluation, family adjustments, and sibling issues. Many additional resources that relate to family dynamics and parent education programs are located in the section on Parent Involvement.

The home-based program option provides an excellent opportunity for agencies to provide cooperative and coordinated services to families who have a child with a disability. Resources related to collaborative agreements, working with other agencies, writing individualized plans, and transitioning are also provided here to assist agencies and home visitors in these areas.

**Title:** Acceptance is Only the First Battle

**Author:** Duffy, S., McGlynn, K., Mariska, J. & Murphy, J.

**Supplier:** Montana University  
Affiliated Program, University of Montana  
Missoula MT 59812  
(406) 243-5467

**Published:** 1985

**Resource Type:** Book      **Length (pgs):** 43      **Cost:** \$4.45

**Description:**

The subtitle of this book is: *How Some Parents of Young Handicapped Children Have Coped with Common Problems*. The authors, all mothers of young disabled children, share the parent's viewpoint of problems they have experienced. Some chapter titles include: *Becoming a Detective in the Medical Community* and *What to Do About Conflicting Professional Advice*.

**Appropriate For:** Home Visitors, Parents

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**Title:** Brothers and Sisters: A Special Part of Exceptional Families, Second Edition

**Author:** Powell, T.H. & Ahrenhold Ogle, P.

**Supplier:** Paul H. Brookes Publishing Co.  
PO Box 10624  
Baltimore MD 21285-0624  
(410) 337-4580

**Published:** 1992

**Resource Type:** Book      **Length (pgs):** 320      **Cost:** \$23.00

**Description:**

This book discusses relationships between brothers and sisters in which one sibling has a disability. Section I, *Families and Siblings*, provides an overview of siblings in the family system and the special aspects of having a brother or sister who has a disability. Section II is *Strategies to Help Siblings*. Appendices include resources for professionals and parents that might be helpful in working with siblings.

**Appropriate For:** Home Visitors, Parents, Coordinators

## DISABILITIES

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**Title:** Family Support In The Home  
Home Visiting Programs and P.L. 99-457

**Author:** Roberts, R., Ph.D., Ramey, C., Ph.D., Casto, G., Ph.D.

**Supplier:** Association for the Care of Children's Health (ACCH)  
7910 Woodmont Avenue, Suite 300  
Bethesda MD 20814-3015  
(301)654-6549

**Published:** 1988

**Resource Type:** Booklet      **Length (pgs):** 35      **Cost:** \$2.95

**Description:**

This report discusses the ways family support/home visiting programs can contribute to stronger families. It describes home visiting/family support models of intervention that seem particularly suitable for helping families care for children with special needs. In addition, this report contains guidelines and recommendations with accompanying examples of how such programs can and are being developed to support families in their efforts to meet the educational, social, and health goals they have set for themselves and their children.

**Appropriate For:** Administrators, Coordinators, Home Visitors

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**Title:** Getting Through to Your Handicapped Child

**Author:** Newson, E. & Hipgrove, T.

**Supplier:** Cambridge University Press  
110 Midland Avenue  
Port Chester NY 10573  
(914) 937-9600      (800) 431-1580

**Published:** 1983

**Resource Type:** Book      **Length (pgs):** 144      **Cost:** \$9.95

**Description:**

This book is intended for anyone who is having difficulty in "getting through" to children with disabilities, and would like to do better. It uses a behavioral approach which stresses the importance of communication and making our messages simple, direct and capable of being received.

**Appropriate For:** Trainers, Home Visitors, Parents

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**Title:** Help When the Parent is Handicapped

**Author:** Parks, S.

**Supplier:** VORT Corporation  
PO Box 60132  
Palo Alto CA 94306  
(415) 322-8282

**Published:** 1984

**Resource Type:** Book **Length (pgs):** 296 **Cost:** \$23.95 plus shipping & handling

**Description:**

This book is intended to help improve those parent training barriers resulting from the parent's disability or lack of knowledge and understanding. Alternative parent training activities are included for parents who are mentally retarded, deaf, blind, and physically disabled. Activities facilitate the development of children who are within the birth to thirty-six month age range.

**Appropriate For:** Home Visitors, Parents, Coordinators

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**Title:** How to Get Services by Being Assertive

**Author:** Des Jardins, C.

**Supplier:** Family Resource Center on Disabilities  
20 E. Jackson Blvd., Room 900  
Chicago IL 60604  
(312) 939-3513

**Published:** 1993

**Resource Type:** Guide **Length (pgs):** 208 **Cost:** \$10.00

**Description:**

This is a handbook written for parents to help them become advocates for services for their disabled child. The five parts of the handbook are entitled: 1) *Assertive vs. Non-Assertive - Which Are You?* 2) *Developing Your Positives - Eliminating Your Negatives*, 3) *Assertiveness at Special Education Meetings*, 4) *Assertiveness Exercises for Parents*, and 5) *Assertiveness with Bureaucrats and Public Officials*.

**Appropriate For:** Trainers, Parents

## DISABILITIES

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**Title:** No More Special Me  
**Author:** The Kids on the Block  
**Supplier:** The Kids on the Block Films  
9385-C Gerwig Lane  
Columbia MD 21046  
(301) 290-9095  
**Published:** 1983  
**Resource Type:** Film      **Length (min):** 50      **Rent:** \$25.00

**Description:**

The life-sized Kids on the Block puppets were created to help audiences understand disabilities. This film shows the puppet troupe answering questions from disabled and non-disabled children and demonstrating the friendships which grow from awareness and communication. A companion booklet suggests follow-up activities.

**Appropriate For:** Home Visitors, Parents

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**Title:** Parent Helper: Handicapped Children Birth to Five  
**Author:** Maryland State Department of Education  
**Supplier:** Division of Special Education  
200 West Baltimore Street  
Baltimore MD 21201  
(301) 333-2469  
**Published:** 1982  
**Resource Type:** Pamphlet      **Length (pgs):** 16      **Cost:** Free

**Description:**

*The Parent Helper, Handicapped Children from Birth to Five* is a series of booklets designed for parents that covers the areas of communications, motor development, socialization, and cognition. The intent of the series is to provide general concepts of growth and development, to present information on how the child learns about himself/herself and others, and to suggest activities that can be used as opportunities for learning and practicing skills. This series is available in both Spanish and English.

**Appropriate For:** Parents, Home Visitors

**Title:** Parent Resource Directory for Parents and Professionals  
Caring for Children with Chronic Illness or Disabilities

**Author:** Association for the Care of Children's Health

**Supplier:** Association for the Care of Children's Health  
7910 Woodmont Avenue, #300  
Bethesda MD 20814-3015  
(301) 654-6549

**Published:** 1991

**Resource Type:** Guide **Length (pgs):** 171 **Cost:** \$7.00 + \$2.50 shipping

**Description:**

This directory is designed to facilitate networking and collaboration among those caring for, or providing support services to children with special health care needs. It is for parents looking for others who share their concerns and for professionals wishing to locate parents with skills and expertise that can be used to improve community support for families.

**Appropriate For:** Home Visitors, Parents, Coordinators

**Title:** Parenting Preschoolers: Suggestions for Raising Young  
Blind and Visually Impaired Children

**Author:** Ferrell, K.A.

**Supplier:** American Foundation for the Blind, Inc.  
15 West Sixteenth Street  
New York NY 10011  
(212) 620-2000; Fax (212) 620-2105

**Published:** 1984

**Resource Type:** Pamphlet **Cost:** \$39.50 - 25 copies

**Description:**

Includes questions commonly asked by parents who have a visually impaired child. Behavior patterns that might puzzle or embarrass parents such as their child's quietness or immobility are discussed and explained. Specific activities that parent and child can do together to help the child become more independent are included.

**Appropriate For:** Home Visitors, Parents

## DISABILITIES

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**Title:** **Reach Out and Teach: Meeting the Training Needs of Parents of Visually and Multiply Handicapped Young Children--Reachbook and Parent Handbook**

**Author:** Ferrell, K.A.

**Supplier:** American Foundation for the Blind  
15 West 16th Street  
New York NY 10011  
(212) 620-2000; Fax (212) 620-2105

**Published:** 1985

**Resource Type:** Guide    **Length (pgs):** Reachbook - 176    **Cost:** \$40.00  
Parent Handbook - 272

**Description:**

The *Reachbook* is one of four parts of *Reach Out and Touch*. This two-volume set is designed to meet the training needs of parents of young visually and multiply disabled children. The *Reachbook* is a workbook for parents to record their child's growth and development and is designed to be used with the *Parent Handbook*. The purchase price includes the *Reachbook* and the *Parent Handbook*.

**Appropriate For:** Home Visitors, Parents

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**Title:** **Reaching Out: A Directory of Voluntary Organizations in Maternal and Child Health**

**Supplier:** The National Center for Education in Maternal and Child Health  
2000 Fifteenth Street, North  
Suite 701  
Arlington VA 22201-2617  
(703) 524-7802

**Published:** 1993

**Resource Type:** Guide    **Length (pgs):** 75    **Cost:** Free

**Description:**

The voluntary organizations listed in this directory provide a variety of services and activities including publishing educational materials, disseminating general information, making referrals, and furnishing support to assist the professional or individual in coping with a specific need.

**Appropriate For:** Parents, Coordinators

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**Title:** Seasons of Caring  
**Author:** Association for the Care of Children's Health  
**Supplier:** ACCH  
7910 Woodmont Avenue, #300  
Bethesda MD 20814-3015  
(301) 654-6549  
**Published:** 1986  
**Resource Type:** Curriculum, Videotape    **Length (min):** 40    **Cost:** \$140.00

**Description:**

This documentary film identifies the strengths and needs of families caring for children with chronic illness or disabilities. It presents coping strategies, stressing the need for communication and collaboration between parents and professionals. Curriculum guides with sections designed for specific audiences are available to supplement the film.

**Appropriate For:** Home Visitors, Parents, Coordinators, Health Professionals

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**Title:** Sharing Sensitive Information with Parents  
**Author:** Albuquerque Integration Model (AIM) Outreach  
**Supplier:** Alta Mira Specialized Family Services  
3501 Campus Blvd., NE, PO Box 7040  
Albuquerque NM 87194-7040  
(505) 842-9948  
**Published:** 1986  
**Resource Type:** Videotape    **Length (min):** 30    **Cost:** \$35.00    **Rent:** \$15.00

**Description:**

In this 30-minute videotape a university professor and occupational therapist discuss the points they consider important in sharing sensitive information with parents. They address many basic concerns including timing, follow-up, empowering parents, encouraging support systems and providing information in simple, clear language.

**Appropriate For:** Home Visitors, Coordinators



## DISABILITIES

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**Title:** Special Education For the Early Childhood Years

**Author:** Lerner, J., Mardell-Czudnowski, C. & Goldenberg, D.

**Supplier:** Prentice-Hall, Inc.  
Order Processing Center  
PO Box 11071  
Des Moines IA 50336  
(800) 374-1200

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 309      **Cost:** \$49.00

**Description:**

This book is intended for teachers, related professionals, parents and family members of young children with disabilities. It is organized into two major parts. Part I discusses topics related to young children who have disabilities and their families. Part II discusses specific intervention strategies.

**Appropriate For:** Administrators, Home Visitors, Parents, Coordinators

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**Title:** Talk to Me and Talk to Me II

**Supplier:** The Blind Children's Center  
4120 Marathon Street, PO Box 29159  
Los Angeles CA 90029  
(213) 664-2153

**Published:** 1988

**Resource Type:** Pamphlet      **Length (pgs):** 11      **Cost:** \$1.00 per copy

**Description:**

These two booklets are for parents of blind children. They discuss communication and explore methods to expand the child's awareness. These booklets are easily read and contain illustrations of ways parents can respond to a blind child's needs to learn, explore and ask questions. Available in Spanish.

**Appropriate For:** Home Visitors, Parents

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**Title:** Transition: Preschool to Public School  
Helping Children, Parents and Teachers

**Author:** Render, M., Krehbiel, B. & Sheldon, P.

**Supplier:** Albuquerque Integration Model - Outreach Dissemination Unit  
PO Box 7040  
Albuquerque NM 87194-7040  
(505) 842-9948

**Published:** 1986

**Resource Type:** Guide      **Length (pgs):** 91      **Cost:** \$5.00

**Description:**

This transition model addresses three major areas: preparation of the child, preparation of the family, and the roles of the sending and receiving agencies. The focus is transition to public school, especially for special needs education. It has a checklist of readiness skills for the child, and other helpful information.

**Appropriate For:** Home Visitors, Parents

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**Title:** Unlocking Doors: A Guide to Effective Communication

**Supplier:** PACER Center, Inc.  
4826 Chicago Avenue, South  
Minneapolis MN 55417  
(612) 827-2966

**Published:** 1988

**Resource Type:** Book      **Length (pgs):** 60      **Cost:** \$2.50

**Description:**

Provides explanation of P.L.94-142. Offers "parents' bill of rights." Activities are included to develop assertive behavior for parents when dealing with service providers, specifically public schools. Examines human behavior and its connection to effective communication.

**Appropriate For:** Home Visitors, Parents, Coordinators

## DISABILITIES

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**Title:** Working With Families

**Supplier:** Chapel Hill Training - Outreach Project  
800 Eastowne Drive, Suite 105  
Chapel Hill NC 27514  
(919) 490-5577

**Published:** 1988

**Resource Type:** Guide      **Length (pgs):** 154      **Cost:** \$12.00

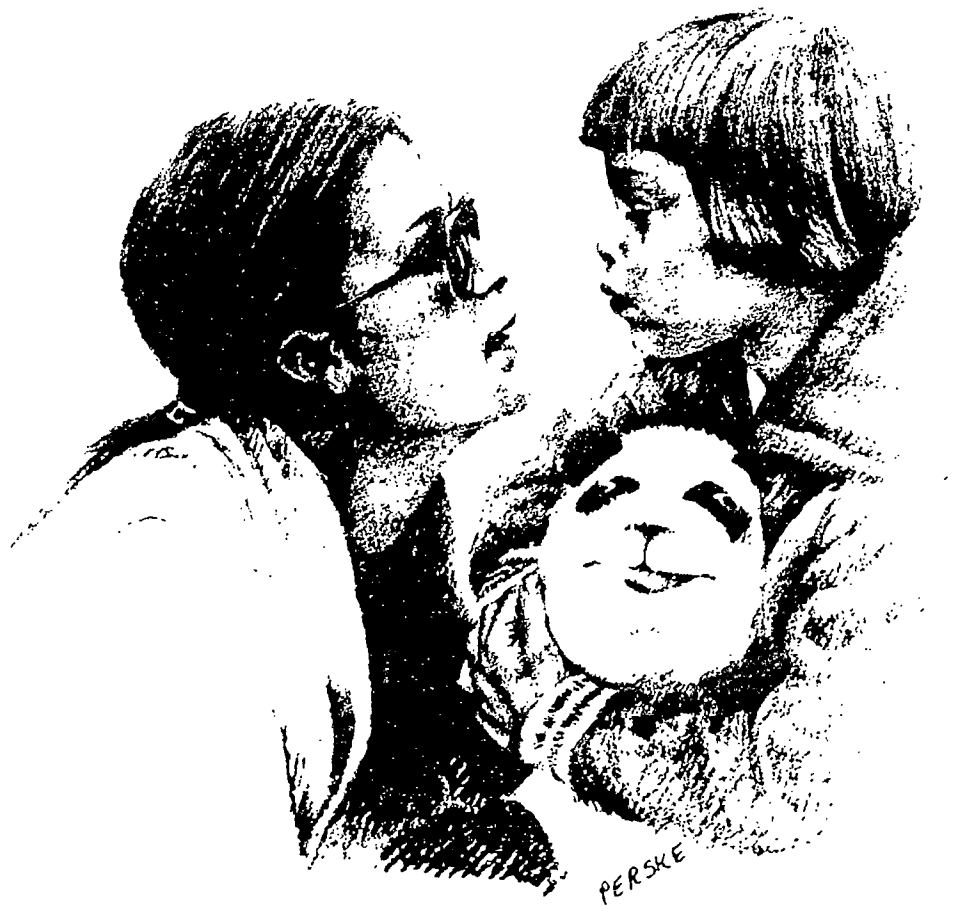
**Description:**

Topics included in this manual are: staff development, assessing the needs of parents, parent support strategies, parents and professional advocacy, plus additional resources. Also included in the revised manual is parent involvement in the IEP process (preschool) and IFSP process (infants and toddlers).

**Appropriate For:** Administrators, Coordinators

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# Health



This section of the directory contains a comprehensive list of books, films, videos and other resources related to health. Home visitors who provide a broad range of services will find materials on medical, dental, and mental health, as well as nutritional services, safety and first aid. Some of the entries focus on wellness, coping with stress, prevention of illness and early intervention. These materials will assist in planning for the preschool child's physical, emotional, cognitive and social development and enhance the relationship between families and the ongoing health care system.

A quick review of titles helps the reader to identify information on a particular issue and also become familiar with other material that may be useful when working with families on home visits. Some of the resources contain activities for teaching health and safety concepts to young children; many have bibliographies that will provide additional information for the home visitor or family member.

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**Title:** Alice Doesn't Babysit Anymore

**Author:** McGovern, K.B.

**Supplier:** Alternatives to Sexual Abuse  
PO Box 25537  
Portland OR 97225  
(503) 355-1212

**Published:** 1985

**Resource Type:** Book **Cost:** \$10.95

**Description:**

This story illustrates how children can be tricked into playing unhealthy games and encourages them to tell other people if they're being sexually abused. It emphasizes the awareness that parents need to have in selecting child care and in listening to what their children tell them about caregivers.

**Appropriate For:** Home Visitors, Parents, Coordinators

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**Title:** Annie Overcomes Isolation

**Author:** Wheat, P.

**Supplier:** NCPA Fulfillment Center  
200 State Road  
South Deerfield MA 01373  
(800) 835-2671

**Published:** 1987

**Resource Type:** Pamphlet **Length (pgs):** 16 **Cost:** \$1.00

**Description:**

This pamphlet gives tips and techniques for overcoming isolation, which has been determined to be one of the major known factors contributing to child abuse. An easy to read and understand format that can be used in parent training workshops or in other informal support groups.

**Appropriate For:** Home Visitors, Parents

## HEALTH

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**Title:** Are You Listening to What Your Child May Not Be Saying?

**Supplier:** National Easter Seal Society  
70 E. Lake Street  
Chicago IL 60601  
(312) 726-6200  
(312) 726-4258 - TDD

**Resource Type:** Pamphlet    **Length (pgs):** 1    **Cost:** 3 for \$.35

**Description:**

This one page pamphlet describes early warning signs that may indicate existence of a problem in a child's growth and development. Available in Spanish and English.

**Appropriate For:** Parents, Home Visitors, Coordinators

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**Title:** Because You Need To Know

**Author:** National Reye's Syndrome Foundation

**Supplier:** National Reye's Syndrome Foundation  
426 North Lewis  
Bryan OH 43506  
(419) 636-2679  
(800) 233-7393

**Published:** 1991

**Resource Type:** Brochure    **Length (pgs):** 4    **Cost:** Free

**Description:**

This informative pamphlet defines Reye's Syndrome, emphasizes early diagnosis and describes the early stages of the disease. It encourages not giving anti-nausea or fever reducing medicine.

**Appropriate For:** Home Visitors, Parents, Coordinators

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**Title:** **Bright From the Start: The Story of the Nursing Bottle and Your Child's Teeth**

**Supplier:** Universal Health Associates  
1701 K Street, NW  
PO Box 65465  
Washington DC 20035-5465  
(202) 429-9506

**Resource Type:** Cassette **Length (min):** 10

**Description:**

This multicultural program of color photographs and sketches received the American Dental Association's Preventive Dentistry Award. Designed for expectant parents and parents of young children, it discusses the problems of nursing bottle-tooth decay and recommendations for its prevention. Available in Spanish, Vietnamese and Cambodian.

**Appropriate For:** Parents

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**Title:** **Building Self-Esteem in Children**

**Author:** Berne, P.H. & Sarary, L.M.

**Supplier:** The Crossroad Publishing Company  
370 Lexington Avenue  
New York NY 10017  
(212) 532-3650

**Published:** 1985

**Resource Type:** Book **Cost:** \$9.95

**Description:**

The basic premise of this book, that children need to feel valued and to experience success in order to develop self-esteem, is reiterated throughout the text. It includes suggestions and principles that are applicable for home use.

**Appropriate For:** Home Visitors, Parents

**Title:** Dental Health Adviser

**Author:** Dental Health Adviser Information Center

**Supplier:** Whittle Communications  
333 Main Street, ATTN: Janet Shomaker  
Knoxville TN 37902  
(615) 595-5107

**Published:** 1986

**Resource Type:** Book **Cost:** Free

**Description:**

These dental health education booklets include information and suggestions. Titles include: *Dental Basics*, *Cosmetic Dentistry*, *Gum Disease*, *Tooth Repair*, *Children's Dental Care*, and *Tooth Replacement*.

**Appropriate For:** Home Visitors, Parents, Children

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**Title:** Food...Early Choices

**Supplier:** National Dairy Council  
10255 West Higgins Road, Suite 900  
Rosemont IL 60018  
(800) 426-8271

**Published:** 1986

**Resource Type:** Curriculum **Cost:** Varies

**Description:**

This hands-on program provides experiences that encourage wise food choices by young children, their parents, and their teachers. A strong parent component extends nutrition education to the home. Kit contains many activity resources including posters, playing cards and puzzles, as well as 17 duplicating masters to be used as take-home materials. Available in Spanish.

**Appropriate For:** Home Visitors, Parents



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**Title:** Food Is Special

**Author:** Mahnke, C.

**Supplier:** Panhandle Community Services/Head Start  
3350 10th Street  
Gering NE 69341  
(308) 635-3089

**Published:** 1983

**Resource Type:** Guide      **Length (pgs):** 78      **Cost:** \$6.95

**Description:**

The food experiences in this book are written to be used in the home with parent and child. While they have been planned for 3 to 5 year olds, they can also be modified for the younger child. Each experience contains 5 parts: a recipe, an activities section, a *For Children* section, a *For Parents* section, and activities for the week.

**Appropriate For:** Home Visitors, Parents

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**Title:** Good Grief: Helping Groups of Children  
When a Friend Dies

**Author:** Fox, S.

**Supplier:** Good Grief Program  
Judge Baker Guidance Center  
295 Longwood Avenue  
Boston MA 02115  
(617) 232-8390

**Published:** 1985

**Resource Type:** Book      **Length (pgs):** 80      **Cost:** \$9.50

**Description:**

Contains developmentally appropriate recommendations and suggested steps to take when a child expresses or indicates signs of grief as a result of death, divorce or relocation of loved ones. The Judge Baker Guidance Center has a variety of other materials available to help children deal with stressful situations.

**Appropriate For:** Home Visitors, Parents

**Title:** Growing Up Strong

**Author:** Hammer, J.

**Supplier:** Center for Child and Family Development  
University of Oklahoma, College of Continuing Education  
555 Constitution Street, Suite 221  
Norman OK 73037-0005  
(405) 325-1446

**Published:** 1988

**Resource Type:** Curriculum **Cost:** \$25.00 **Supplement Kit:** \$20.00

**Description:**

*Growing Up Strong* is a mental wellness and life skills development program for preschool children that utilizes dolls and puppets. It provides curriculum activities, teacher information and resources, and stresses strong self-concept, responsibility, problem-solving, decision making, assertiveness, and self-control. Native American supplement and a Spanish (bilingual) supplement.

**Appropriate For:** Home Visitors, Trainers

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**Title:** Guide to Children's Dental Health, A

**Supplier:** American Academy of Pediatrics  
PO Box 927  
Elk Grove Village IL 60009-0927  
(708) 228-5005

**Published:** 1991

**Resource Type:** Pamphlet **Cost:** \$27.50/100 copies

**Description:**

This brochure presents practical advice on everything from teething to thumbsucking.

**Appropriate For:** Parents

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**Title:** Happy Teeth for Healthy Smiles

**Supplier:** Oral Health Consultant  
Bureau of Public Health  
1414 E. Washington Avenue  
Madison WI 53703  
(608) 266-5152

**Published:** 1992

**Resource Type:** Pamphlet      **Length (pgs):** 5      **Cost:** Free (Single copy)

**Description:**

The pamphlet is a parent's guide to good dental health for infant and young children from birth through six years of age. The pamphlet addresses fluorides and dental sealants, teething and tooth eruption sequence, baby bottle tooth decay, proper nutrition and the necessity for early regular dental care.

**Appropriate For:** Home Visitors, Parents

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**Title:** Infections in Children: A Sourcebook for Educators and Child Care Providers

**Author:** Andersen, R.D., Balc, J.F., Blackman, J.A., & Murph, J.R.

**Supplier:** Aspen Publishers, Inc.  
7201 McKinney Circle, PO Box 990  
Frederick MD 21701  
(800) 638-8437

**Published:** 1986

**Resource Type:** Book      **Length (pgs):** 221      **Cost:** \$34.00

**Description:**

This book provides information about infectious agents, the conditions under which they cause disease, and measures which may be taken to prevent or resolve infection. Within the appendices are 17 single-page parent handouts on symptoms and treatment of infectious diseases. Information on proper hand washing techniques and proper diapering techniques is provided.

**Appropriate For:** Home Visitors, Parents, Coordinators

**Title:** It's My Body

**Author:** Freeman, L.

**Supplier:** Parenting Press, Inc.  
11065 5th Avenue, NE, Suite F  
PO Box 75267  
Seattle WA 98125  
(800) 992-6657

**Resource Type:** Book      **Length (pgs):** 32      **Cost:** \$3.95

**Description:**

In an effort to educate children in a non-threatening manner about potential abuse, different situations are provided to help them distinguish between appropriate and inappropriate touch and how to respond. Also available in Spanish. Accompanied by a book for parents and/or home visitors.

**Appropriate For:** Home Visitors, Parents, Children, Coordinators

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**Title:** Kicking Your Stress Habits

**Author:** Tubesing, D.A.

**Supplier:** Whole Person Press  
210 West Michigan  
Duluth MN 55802-1908  
(218) 727-0500

**Published:** 1986

**Resource Type:** Book      **Length (pgs):** 185      **Cost:** \$14.95

**Description:**

This book provides insight into daily stresses, how you react to them and how to regulate the rate of change in your life. It is a lively "workshop in a book" that provides questions for you in each chapter, a place to record observations and insights as well as techniques to manage stress. Be sure your stress management "tool box" includes this classic resource.

**Appropriate For:** Home Visitors, Parents, Coordinators, Administrators, Trainers

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**Title:** Kids Worry Too

**Supplier:** University of Nebraska Medical Center Child Life Office  
600 South 42nd Street  
Omaha NE 68198-2165  
(402) 559-6775

**Published:** 1986

**Resource Type:** Pamphlet      **Length (pgs):** 20      **Cost:** \$1.00 plus postage

**Description:**  
This brochure was written to help parents to recognize and understand some of the reactions and concerns children may have when a family member is hospitalized. It also provides some suggestions on helping children understand and cope.

**Appropriate For:** Parents, Home Visitors

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**Title:** Leo the Late Bloomer

**Author:** Krause, K.

**Supplier:** Prentice Hall/Books for Young Readers  
Simon & Schuster, Inc.  
1230 Avenue of the Americas  
New York NY 10020  
(800) 223-2348  
(201) 592-2000

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 30      **Cost:** \$5.95

**Description:**  
This is an excellent children's book which deals with self-concept and the idea that we all grow and develop at different rates. It can be used with children as a spring board for discussing mental health issues including: feelings, self-concept, acceptance, failure and success.

**Appropriate For:** Children

**Title:** Living and Teaching Nutrition

**Supplier:** Head Start Resource and Training Center  
University Blvd. at Adelphi Road  
College Park MD 20742  
(800) 888-8682

**Published:** 1983

**Resource Type:** Guide      **Length (pgs):** 156      **Cost:** \$15.00

**Description:**

An inservice training guide featuring nine workshops. Chapters include: *Economical Nutrition, Fresh Fruits and Vegetables, Dental Health and Sugar, Planning Menus and Planning Snacks, Family-Style Eating, Cooking Experiences for Young Children, Nutrition Activities for Young Children, and What's New in Nutrition?*

**Appropriate For:** Parents, Coordinators, Trainers

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**Title:** Nutrition Brochures

**Supplier:** USDA Program Aid No. 1385  
Superintendent of Documents US GPO  
Washington DC 20402  
(202) 783-3238

**Published:** 1986

**Resource Type:** Pamphlet      **Cost:** Free

**Description:**

This is a series of free brochures that are colorful and easy to read. A good teaching aid for nutrition programs. Titles include: *Enjoy Fruits, Enjoy Vegetables, Enjoy Legumes, Plan Ahead to Make Your Food Dollars Count, and Using Less Sugar.* Available in Spanish and English.

**Appropriate For:** Parents

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**Title:** Nutrition - Resource for Head Start Home Visitors, A

**Author:** Malmgren, L., M.Ed., R.D.

**Supplier:** WHO, Inc./Head Start Program  
227 So. 4th Street  
Jeannette PA 15644  
(412) 523-6890

**Published:** 1991

**Resource Type:** Guide      **Length (pgs):** 164      **Cost:** \$25.00

**Description:**

This manual is designed to be used by the paraprofessional as a reference and resource for developing and implementing nutrition education plans for families. Individualized nutrition education plans can be developed from the computer printouts, using the information collected on the nutrition profile.

**Appropriate For:** Home Visitors, Coordinators

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**Title:** OTTO Series, The

**Author:** Morey, K.

**Supplier:** Kid Love Unlimited  
2973 Harbor Blvd., Suite 508  
Costa Mesa CA 92626  
(714) 549-1421

**Resource Type:** Book      **Length (pgs):** 32      **Cost:** \$3.95

**Description:**

*The OTTO Series* helps young children know and value what they feel, encourages positive attitudes and enhances self-esteem. The four books in the series are: *OTTO Shares a Hug and a Kiss*, *OTTO Shares a Giggle*, *OTTO Shares a Tear*, and *OTTO Shares a Fright*.

**Appropriate For:** Home Visitors, Parents, Children

**Title:** Parent's Guide to Childhood Immunization

**Author:** DHHS - Public Health Services - Centers for Disease Control

**Supplier:** Center for Prevention Services  
Division of Immunization  
1600 Clifton Road, NE  
Atlanta GA 30333  
(404) 639-3534

**Published:** 1988

**Resource Type:** Guide **Length (pgs):** 20 **Cost:** Free (single copy)

**Description:**  
A good guide to immunization against all childhood diseases, this book discusses how immunizations work and why each is important to children. It covers possible side effects and adverse reactions and states immunization requirements for each immunization series.

**Appropriate For:** Parents

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**Title:** Parent's Guide to Controlling Head Lice, A

**Author:** Public Affairs Office

**Supplier:** Burroughs Wellcome Company  
3030 Cornwallis Road  
Research Triangle Park NC 27709  
(919) 248-3000

**Resource Type:** Pamphlet **Cost:** No Charge

**Description:**  
This tri-fold leaflet discusses measures parents can take to reduce their children's chance of getting head lice. It also provides tips on how to detect and treat the condition if children become infested.

**Appropriate For:** Home Visitors, Parents



**Title:** Parent's Guide to Nutrition

**Author:** Boston Children's Hospital

**Supplier:** Addison-Wesley Publishing Co., Inc.  
Order Department  
Jacob Way  
Reading MA 01867  
(800) 447-2226

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 372      **Cost:** \$9.57

**Description:**

This book contains comprehensive nutrition information for parents. Food facts and information on special subjects such as allergies, additives, fad diets, common illnesses, preventing cavities is offered. Some age-old myths are explored. A basic resource when considering the changing nutritional needs of children from the time of birth.

**Appropriate For:** Parents

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**Title:** Prevent Baby Bottle Tooth Decay

**Author:** National Institute of Dental Research

**Supplier:** National Institute of Dental Research  
PO Box 547-93  
Washington DC 20032

**Resource Type:** Pamphlet      **Length (pgs):** 3      **Cost:** Free

**Description:**

A very informative pamphlet covering proper bottle-feeding for children and the importance of protecting your child's teeth. A bookmark encouraging water only for bedtime bottles is included.

**Appropriate For:** Home Visitors, Parents

## HEALTH

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**Title:** Quiet Times: Relaxation Techniques for Early Childhood

**Author:** Scott, L.

**Supplier:** T.S. Denison and Co.  
9601 Newton Avenue, South  
Minneapolis MN 55431  
(612) 888-1460

**Resource Type:** Book      **Length (pgs):** 66      **Cost:** \$9.95

**Description:**

This book contains four sections: *Stories for Relaxation*, *Devices for Relaxation*, *Action Rhymes for Relaxation*, and *Action Poems*. The activities are appropriate for preschool children. The author provides specific instructions to aid in relaxation.

**Appropriate For:** Home Visitors, Parents

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**Title:** Report of the Surgeon General's Workshop on Children With HIV Infection and Their Families

**Author:** Silverman, B.K., Ph.D. & Waddell, A.

**Supplier:** U.S. Department of Health & Human Services  
Public Health Service  
Rockville MD 20857  
(301) 443-2403

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 102      **Cost:** Free

**Description:**

Report on three-day workshop held in 1987. Provides technical information regarding HIV infection and education to prevent infection. Presents guidelines for management of children with HIV infection, implications for service delivery, current developments and future prospects for AIDS vaccines.

**Appropriate For:** Coordinators, Administrators

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**Title:** Safe Nursery, The  
A Booklet to Help Avoid Injuries From  
Nursery Furniture and Equipment

**Author:** U.S. Product Safety Commission

**Supplier:** U.S. Consumer Product Safety Commission  
Public Affairs Office  
5401 Westbard Avenue, Room 342  
Bethesda MD 20207  
(301) 504-0580

**Published:** 1985

**Resource Type:** Guide      **Length (pgs):** 17      **Cost:** Free

**Description:**

This handy guide describes basic nursery furniture and safety features that should be considered before purchasing. Diagrams accompany specific safety tips. Recommended for parents and staff; a valuable resource for parent education activities.

**Appropriate For:** Parents

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**Title:** Safety Education Books, Series of

**Author:** Chlad, D.

**Supplier:** National Safety Town Center  
PO Box 39312  
Cleveland OH 44139  
(216) 831-7433

**Resource Type:** Book      **Length (pgs):** 31      **Cost:** \$8.95  
Paperback: \$3.95

**Description:**

Titles include: *Strangers* and *When There is a Fire Go Outside* (available in Spanish); *When I Ride in a Car*; *Poisons Make You Sick*; *When I Cross the Street*; *Matches, Lighters, and Firecrackers Are Not Toys*; and *Stop, Look and Listen for Trains*. Presentation is done with colorful pictures, and each book ends with clearly stated safety rules. All booklets are available in Spanish and English.

**Appropriate For:** Parents, Children

**Title:** Teaching Interpersonal Expertise to Strength Systems (TIES) Materials

**Author:** Karnes, M.B. & Johnson, L.

**Supplier:** Developmental Services Center  
1304 W. Bradley  
Champaign IL 61821  
(217) 356-9176

**Resource Type:** Curriculum

**Description:**

The TIES project developed instructional materials to enhance the interpersonal relationships and affective skills of Head Start children, parents, and staff. The materials include coordinated parent/staff workshops as well as home and classroom activities for children. Interrelated mental health topics reflect the cultural diversity of Head Start.

**Appropriate For:** Home Visitors, Parents, Coordinators, Trainers

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**Title:** Tell Me, Papa

**Author:** Johnson, J. & Johnson, M.

**Supplier:** Centering Corporation  
1531 N. Saddle Creek Road  
Omaha NE 68103  
(402) 553-1200; Fax (402) 553-0507

**Published:** 1984

**Resource Type:** Book      **Length (pgs):** 10      **Cost:** \$3.25

**Description:**

This book for children helps to answer many of a child's questions about death: Does it hurt when you die?; Where do people go when they die?; How long are you dead?; Do people have to die? The authors honestly answer questions without preaching or frills.

**Appropriate For:** Home Visitors, Parents, Children

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**Title:** Vegetable Magic

**Author:** The Connecticut Nutrition Education and Training Program

**Supplier:** CNET - University of Connecticut  
U-17, 3624 Horsebarn Road Ext.  
Storrs CT 06269  
(203) 486-4666

**Published:** 1981

**Resource Type:** Book      **Length (pgs):** 40      **Cost:** \$7.95

**Description:**

An excellent resource to use in Head Start programs. This book shows five ways to explore vegetables with children: *Read-A-Story*, *Play-A-Game*, *Grow-A-Plant*, *Take-A-Trip*, and *Eat-A-Treat*. The activities featured are practical and can easily be integrated into the Head Start Curriculum.

**Appropriate For:** Home Visitors, Parents, Children

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**Title:** Watch Me Grow

**Supplier:** National Easter Seal Society  
70 E. Lake Street  
Chicago IL 60601  
(312) 726-6200  
(312) 726-4258 - TDD

**Resource Type:** Pamphlet      **Length (pgs):** 1      **Cost:** Free

**Description:**

This pamphlet provides parents with information on Easter Seal's program that monitors at-risk children from birth to 3 years old in order to identify developmental delays, make timely assessments, assure family utilization of early intervention services, involve parents in monitoring their child's development, and provide family support and education. Available in Spanish and English.

**Appropriate For:** Parents, Home Visitors, Coordinators

**Title:** We Love You: Buckle Up! - Activities Packet

**Supplier:** National Association for the Education of Young Children  
1509 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777  
(800) 424-2460

**Published:** 1985

**Resource Type:** Activities Packet **Cost:** Free

**Description:**

*We Love You: Buckle Up!* is a mini-curriculum kit specifically designed to help children learn about safety belts and child safety seats. The Guide presents activity ideas for home visits and group socialization experiences. Included are discussion suggestions, project ideas, and songs that emphasize three primary safety topics.

**Appropriate For:** Home Visitors, Children

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**Title:** Well Aware: An Introduction to Healthy Living Series

**Author:** Miller-Dwan Medical Center

**Supplier:** Whole Person Press  
210 West Michigan  
Duluth MN 55802-1908  
(218)727-0500

**Published:** 1987

**Resource Type:** Video **Length (min):** 25 **Cost:** \$79.00 **Rent:** \$35.00

**Description:**

This series includes 6 videotapes with the following topics: *An Overview of Wellness, Exercise, Health Nutrition, Stress Management, Personal Environment, and Motivation for Change*. Each 25 minute video comes with personal-action guidebooks. It is a complete course to help you examine wellness in depth. Series is action-oriented, with quiet, direct motivation and encouragement.

**Appropriate For:** Home Visitors, Parents, Coordinators, Administrators, Trainers

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**Title:** What Will I Tell the Children?

**Author:** Bell, V. & Esterling, L. S.

**Supplier:** University of Nebraska Medical Center Child Life Office  
600 South 42nd Street  
Omaha NE 68198-2165  
(402) 559-6775

**Published:** 1986

**Resource Type:** Pamphlet      **Length (pgs):** 14      **Cost:** \$1.00 plus postage

**Description:**  
An excellent resource for parents and home visitors offering some general guidelines for dealing with children when discussing the death of a family member or friend. Section for helping preschoolers in understanding of death, explaining possible related behaviors and what you can say/do.

**Appropriate For:** Home Visitors, Parents, Coordinators

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**Title:** Where's Jess?

**Author:** Johnson, J., Johnson, M., Goldstein, H., Goldstein, R.,  
& Goldstein, J.

**Supplier:** Centering Corporation  
1531 N. Saddle Creek Road  
Omaha NE 68104-5064  
(402) 553-1200

**Published:** 1982

**Resource Type:** Book      **Length (pgs):** 22      **Cost:** \$3.25

**Description:**  
A story with pictures and simple text helps to answer questions about the death of Jess. Appropriate for young children as well as older children, an honest approach to emotions and the unknown make this a valuable resource.

**Appropriate For:** Home Visitors, Parents, Children

**Title:** Willie Learns the Touching Rule

**Supplier:** Committee for Children  
172 20th Avenue  
Seattle WA 98122  
(206) 322-5050  
(800) 634-4449

**Resource Type:** Videotape    **Length (min):** 9    **Cost:** \$70.00

**Description:**

Designed for children 3-6 years old, this video tells the story of how Willie learns about the touching safety rule. The video includes guide.

**Appropriate For:** Home Visitors, Parents, Children

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# Parent Involvement



Parent Involvement is a major part of the underlying philosophy and commitment of the Head Start program. The family is recognized as the primary influence in the physical, emotional, social, and intellectual growth of the child. The work of the trained home visitor as well as the regularly scheduled socialization activities support and enhance the ability of parents to act effectively as teachers of and advocates for their children, at home and in the community. These resources assist the home visitor in linking parents to community and program resources and enhance the ability of parents to foster their child's growth and development.

Current and appropriate information on gifted children, support groups, behavior management, and general parenting is found in this section. There are also numerous resources available for working with parents and involving them in parent education programs. Suggestions for books, tapes, activities, toys, and games, as well as several bibliographies are included. Many of the resources listed in other sections also help the home visitor in coordination of services across component areas such as health and social services, and reflect the goal of integrated comprehensive Head Start programs.

**Title:** Black Families  
**Author:** McAdoo, H. & McAdoo, J.L.  
**Supplier:** Sage Publications  
2455 Teller Road  
Newbury Park CA 91320  
(805) 499-0721

**Published:** 1985

**Resource Type:** Book      **Length (pgs):** 279      **Cost:** \$23.95

**Description:**

The authors present research on major issues, theories, and empirical findings unique to black families. The book consists of twenty articles which focus on the diversity of black families as well as their structural and functional differences in relation to their white counterparts. The impact that poverty and discrimination has had on black families is also discussed.

**Appropriate For:** Coordinators

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**Title:** Bringing Out The Best  
**Author:** Saunders, J. & Espeland, P.  
**Supplier:** Free Spirit Publishing  
400 1st Avenue, North  
Minneapolis MN 55401  
(800) 735-7323

**Resource Type:** Book      **Length (pgs):** 156      **Cost:** \$12.95

**Description:**

Focuses on letting a child be a child while providing an environment rich in possibilities. Written for parents--but also recommended for preschool teachers. Topics include: *How to Tell Your Child is Gifted*, *Perils of Perfectionism*, *Ways to Build Self-Esteem*, and *Avoiding Parent Burnout*.

**Appropriate For:** Home Visitors, Parents

## PARENT INVOLVEMENT

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**Title:** Empowering Families: Home Visiting and Building Clusters

**Supplier:** Cornell University  
Distribution Center - M  
7 Research Park  
Ithaca NY 14850  
(607) 255-7660/2090

**Resource Type:** Printed Material    **Length:** Series of nine 2-1/2 hour sessions

**Cost:** \$30.00

**Description:**

Designed to help home visitors and facilitators of parent groups identify, acknowledge, and reinforce families' strengths. Materials include a facilitator's manual, a handbook on communication for empowerment, a poster, activity cards, reproducible handouts, an audiotape, fact sheets, and a discussion guide.

**Appropriate For:** Home Visitors, Coordinators

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**Title:** Enjoy Your Gifted Child

**Author:** Takacs, C.

**Supplier:** Syracuse University Press  
1600 Jamesville Avenue  
Syracuse NY 13244  
(315) 443-5546  
(800) 365-8929

**Published:** 1986

**Resource Type:** Book    **Length (pgs):** 160    **Cost:** \$12.95

**Description:**

This book is written so people, especially parents, can relax and enjoy the gifted child's life and learning experiences. The challenges and rewards of this experience are highlighted in this book. Current research is presented in a manner accessible to everyone.

**Appropriate For:** Home Visitors, Parents

**Title:** Family Enrichment Trainer's Manual, The  
**Author:** Wilson, G.B. & McMurrain, T.  
**Supplier:** Humanics  
PO Box 7400  
Atlanta GA 30357  
(404) 874-2176  
**Published:** 1989  
**Resource Type:** Guide      **Length (pgs):** 102      **Cost:** \$12.95

**Description:**

This workbook offers a series of training exercises for parents. It presents activities and exercises designed to allow parents to communicate and share their ideas and expertise. It consists of six sections that explore the family, communications, environments, relationships, effective discipline, and values.

**Appropriate For:** Administrators, Home Visitors, Coordinators

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**Title:** First Feelings: Milestones in the Emotional Development of Your Baby and Child  
**Author:** Greenspan, S.N.  
**Supplier:** Viking Penguin, Inc.  
375 Hudson Street  
New York NY 10014  
(212) 366-2000  
**Published:** 1992  
**Resource Type:** Book      **Cost:** \$9.95

**Description:**

Discusses the milestones babies and children should achieve as they develop. For each stage of development, the authors help parents chart the baby's emotional growth, prevent and correct behavioral and emotional difficulties, and evaluate responses to their baby.

**Appropriate For:** Home Visitors, Parents

## PARENT INVOLVEMENT

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**Title:** Getting Involved Workshops for Parents

**Author:** Frede, E.

**Supplier:** The High/Scope Press  
A Division of High/Scope International Research Foundation  
600 North River Street  
Ypsilanti MI 48197  
(313) 485-2000

**Published:** 1984

**Resource Type:** Guide **Cost:** \$15.00

**Description:**

A guide for leaders of parent workshops, based on the *Getting Involved* booklets, which suggests ways parents can support children's learning through everyday activities in the home environment. The book is designed to develop and/or strengthen parent/child leadership skills.

**Appropriate For:** Trainers, Home Visitors

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**Title:** Growing Up Writing

**Author:** Lamme, L.L.

**Supplier:** Acropolis Books, Ltd.  
13950 Park Center Road  
Herndon VA 22071  
(703) 709-0006  
(800) 451-7771

**Published:** 1984

**Resource Type:** Guide **Cost:** \$8.95

**Description:**

This guide for parents demonstrates how writing can be introduced at home beginning with scribbling around age one. Includes suggestions for encouraging writing and defines the parent's role in facilitating progress as the ability to write develops. Many useful ideas for staff as well as parents.

**Appropriate For:** Home Visitors, Parents

**Title:** Growth and Development Through Parenting, Second Edition

**Author:** Elmer, E.

**Supplier:** National Committee for the Prevention of Child Abuse (NCPCA)  
NCPCA Fulfillment Center  
200 State Road  
South Deerfield MA 01373  
(800) 835-2671

**Published:** 1992

**Resource Type:** Booklet      **Length (pgs):** 32      **Cost:** \$1.50

**Description:**

This booklet explains how parental behavior may reflect a person's own upbringing. Behavior that can be expected at each of the stages of childhood is explained, and effective techniques for living with the child at each stage are suggested. Included are: *Expressing Feelings* and *Helping Children Develop Inner Controls*.

**Appropriate For:** Home Visitors, Parents

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**Title:** Guidance of Young Children

**Author:** Marion, M.

**Supplier:** MacMillan Publishing  
Front and Brown Streets  
Riverside NJ 08075  
(800) 257-5755

**Published:** 1991

**Resource Type:** Book      **Cost:** \$23.00

**Description:**

This paperback is based on the assumption that adults want to help children learn to control themselves, to like and value themselves, and to be humane, caring, competent, and helpful. Based on sound theory and research, it offers a great variety of practical suggestions.

**Appropriate For:** Trainers, Parents

## PARENT INVOLVEMENT

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**Title:** How to Be a Better Parent

**Author:** Holiner, H. & Shulman, A.H.

**Supplier:** Ballantine Books  
201 East 50th Street  
New York NY 10022  
(212) 751-2600

**Published:** 1986

**Resource Type:** Book      **Length (pgs):** 115      **Cost:** \$2.95

**Description:**

This book offers a child rearing concept per week and each suggests an activity for the upcoming week. The book is a guide for raising a child in an atmosphere of love and respect. Readings may be used or browsed as needed. Topics include: *Parenthood is Not a Power Struggle*, *My Worth is Not Determined by My Child's Behavior*, and more.

**Appropriate For:** Parents

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**Title:** How To Talk So Kids Will Listen and Listen So Kids Will Talk

**Author:** Faber, A. & Mazlish, E.

**Supplier:** Avon Books  
PO Box 767, Rt. 2  
Dresden TN 38225  
(800) 223-0690

**Published:** 1982

**Resource Type:** Book      **Length (pgs):** 242      **Cost:** \$9.00

**Description:**

This book offers practical suggestions for involving children in real communication with parents. It also considers other parenting problems such as dealing with feelings, finding alternatives to punishment, and helping children achieve positive self-images. The techniques discussed in the book are also useful for all interpersonal communication, and are based on the work of Haim Ginott.

**Appropriate For:** Home Visitors, Parents, Coordinators

**Title:** Loving Your Child is Not Enough:  
Positive Discipline that Works

**Author:** Samalin, N. & Jablow, M.M.

**Supplier:** Viking Penguin, Inc.  
375 Hudson Street  
New York NY 10014  
(212) 366-2000

**Published:** 1988

**Resource Type:** Book      **Cost:** \$9.00

**Description:**

Drawn from education, experience with children, and interactions with parents, this advice is reality based and tested. Chapter titles include: *Avoiding Daily Battles, Why Punishment Doesn't Work and What Does, Constructive Criticism Isn't, It's Never Too Late* and more. Nine pages of suggested references for further study are included.

**Appropriate For:** Home Visitors, Parents

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**Title:** Mother's Almanac, The Revised

**Author:** Kelly, M. & Parsons, E.

**Supplier:** Doubleday and Company  
666 5th Avenue  
New York NY 10103  
(212) 553-4561  
(800) 765-6500

**Published:** 1992

**Resource Type:** Book      **Length (pgs):** 288      **Cost:** \$16.00

**Description:**

Presented with a humorous down-to-earth dialogue, the authors describe the realities of mothering. From newborn to age six, developmental expectations are outlined. Games and activities are explained to help children make the most of their surroundings. The authors give the *how-to's* for nurturing values, creativity, and curiosity for each age.

**Appropriate For:** Home Visitors, Parents, Coordinators



## PARENT INVOLVEMENT

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**Title:** Nurturing Program for Parents and Young Children  
Birth to 5 Years Old

**Author:** Bavolek, S. & Dellenger-Bavolek, J.

**Supplier:** Family Development Resources  
219 Madison  
Eau Claire WI 54703  
(715) 833-0904

**Resource Type:** Curriculum **Cost:** \$35.00

**Description:**

A home-based program to teach parents appropriate parenting and nurturing skills. It includes 45 individual home-based sessions, an activities manual, and a family resource handbook. All sessions can easily be adapted for group meetings. Supplemental materials available include audiovisuals, games, books, and dolls at additional cost.

**Appropriate For:** Home Visitors, Parents, Coordinators

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**Title:** Parent and Child:  
A Parenting Awareness Program for Home-Based Head Start

**Author:** Pepper, J.V.

**Supplier:** J.V. Pepper  
624 Devon Road  
Camp Hill PA 17011  
(717) 763-7445

**Published:** 1985

**Resource Type:** Book **Length (pgs):** 121 **Cost:** \$18.50

**Description:**

Designed to help parents develop a more effective, positive, and satisfying relationship with their children, this resource consists of eight two-hour group sessions for Head Start Home-Based Programs. The sessions are self-contained and include the following topics: child development, self-concept, family/parental influences, communication, behavior, and play.

**Appropriate For:** Home Visitors, Parents, Coordinators

**Title:** Parents In A Pressure Cooker

**Author:** Bluestein, J.E. & Collins, L.

**Supplier:** Kid Love Unlimited  
2973 Harbor Blvd., #508  
Costa Mesa CA 92626  
(714) 549-1421

**Resource Type:** Book **Cost:** \$8.95

**Description:**

The book suggests specific strategies to assist parents in creating a home environment in which love, communication, cooperation, and responsible behavior can flourish and everyone's needs are considered. Helps parents encourage responsible, cooperative choosing from their children without resorting to powering, nagging, threats, or manipulation.

**Appropriate For:** Home Visitors, Parents

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**Title:** Parents, Please Don't Sit on Your Kids:  
A Parent's Guide to Nonpunitive Discipline

**Author:** Cherry, C.

**Supplier:** Fearon Teacher Aides  
PO Box 280  
Carthage IL 62321  
(800) 242-7272

**Published:** 1985

**Resource Type:** Book **Length (pgs):** 187 **Cost:** \$11.95

**Description:**

Practical advice to help parents rethink what discipline is all about. Lists useful, alternative ways to cope with inappropriate behaviors. Many specific situations are cited with typical parental responses, followed by suggested alternative approaches which teach rather than demean the child.

**Appropriate For:** Home Visitors, Parents, Coordinators

## PARENT INVOLVEMENT

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**Title:** "Parent Talk" Audio Cassette Series  
Available in Spanish or English  
Series I Young Children  
Series II School Age Children  
Series III Teenagers

**Author:** Petersen, E.

**Supplier:** Evelyn Petersen  
843 S. Long Lake Road  
Traverse City MI 49684  
(800) 748-0213; (616) 943-9257

**Resource Type:** Audio Cassettes **Cost:** \$10.00 per series or \$25.00 for all three (plus \$2.00 postage/handling)

**Description:**

Three one-hour audio cassettes in Q&A format based on the questions most often asked by parents of young children, school age children and teenagers. Twenty-eight to 33 segments each tape.

**Appropriate For:** Home Visitors, Parents

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**Title:** "Parent Talk: The Art of Parenting Video Series"  
Volume 1 - The Young Child  
Volume 2 - School Age Child  
Volume 3 - Teenagers

**Author:** Petersen, E.

**Supplier:** The Program Source  
2494 Loch Creek Way  
Bloomfield Hills MI 48304  
(313) 333-2010

**Resource Type:** Video and Leader's Guide Series **Cost:** \$69.95

**Description:**

Three one-hour video tapes presenting 33 90-second segments answering the questions most often asked by parents of young children, school aged children and teenagers. Comprehensive, 60-page Leader's Guides provide guidance for use, and all segment scripts, discussion questions, child development information and suggested reading.

**Appropriate For:** Home Visitors, Parents

**Title:** Problem Solving Series, The: I Want to Play, I Want It, I Can't Wait, My Name is Not Dummy, I'm Lost, Mommy Don't Go

**Author:** Crary, E.

**Supplier:** Parenting Press  
11065 5th Avenue, NE, Suite F  
PO Box 75267  
Seattle WA 98125  
(800) 992-6657

**Published:** 1982

**Resource Type:** Book      **Length (pgs):** 30 ea.      **Cost:** \$4.95 ea.

**Description:**  
This is a series of six books that encourages children to solve conflicts in a socially acceptable way by acquainting them with a variety of alternatives. Each book focuses on a different conflict, and illustrates possible outcomes of different behavior.

**Appropriate For:** Home Visitors, Parents, Children

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**Title:** Siblings Without Rivalry

**Author:** Faber, A. & Mazlish, E.

**Supplier:** W.W. Norton & Co.  
500 Fifth Avenue  
New York NY 10110  
(212) 354-5500

**Published:** 1987

**Resource Type:** Book      **Length (pgs):** 219      **Cost:** \$14.95

**Description:**  
Authors deal with one of the greatest sources of stress in families--ongoing bickering between the children. Drawing on their years of experience in teaching communication skills to parents, authors have developed simple, yet astonishingly effective ways to reduce antagonism between siblings.

**Appropriate For:** Parents

## PARENT INVOLVEMENT

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**Title:** Single Mother--A Support Group in Your Hands

**Author:** Andrea Engber

**Supplier:** National Organization of Single Mothers  
PO Box 68  
Midland VA 28107-0068  
(704) 888-KIDS

**Published:** Bi-monthly (6 issues yearly)

**Resource Type:** Publication    **Length (pgs):** 8-16    **Cost:** \$12.80  
Basic yearly membership

**Description:**

This publication is filled with advice on parenting, child support and custody, employment, finance, and self-esteem. It is chocked full of resources for the single parent plus tips on how to start a support group.

**Appropriate For:** Home Visitors, Parents, Coordinators

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**Title:** Talks With Parents on Living With Preschoolers

**Author:** Katz, L.G.

**Supplier:** CBIS  
7420 Fullerton Road, Suite 110  
Springfield VA 22153-2852  
(800) 443-ERIC

**Published:** 1983

**Resource Type:** Book    **Length (pgs):** 118    **Cost:** \$16.00

**Description:**

A collection of the author's articles that originally appeared in *Parents Magazine* in the monthly column *As They Grow/3 and 4*. Covers a wide area of topics from parental guilt to developmental milestones and discipline. Also discusses TV and young children, young children and pets, and separation and preschool. Ask for Ed #230314.

**Appropriate For:** Home Visitors, Parents, Coordinators

**Title:** Very Practical Guide to Discipline With Young Children, A  
**Author:** Mitchell, G.  
**Supplier:** Gryphon House  
PO Box 275  
Mount Rainier MD 20712  
(301) 779-6200  
**Published:** 1982  
**Resource Type:** Book      **Length (pgs):** 160      **Cost:** \$12.95

**Description:**

Dr. Mitchell's techniques are based on the philosophy of "I AM! I CAN!" This book is intended for parents and teachers of children up to age eight advising anticipation, hesitation, investigation, and communication's adults learn strategies for disciplining children. It provided for a plan of action which will ultimately lead to self-discipline.

**Appropriate For:** Home Visitors, Parents

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**Title:** You're a Better Parent Than You Think! A Guide to Common Sense Parenting  
**Author:** Guarendi, R.  
**Supplier:** Simon and Schuster  
200 Old Tappan Road  
Old Tappan NJ 07675  
(800) 223-2336  
**Published:** 1985  
**Resource Type:** Book      **Length (pgs):** 241      **Cost:** \$9.95

**Description:**

This book was designed to help parents feel confident about their parenting. The author uses actual situations he has encountered to demonstrate practical suggestions for helping parents manage their children's behavior. He discusses in an empathetic and humorous way the stresses that parents face with their children from toddlers to teens. ISBN #0139818537.

**Appropriate For:** Home Visitors, Parents, Coordinators

# Social Services



In keeping with the Head Start program goal of advocacy for families in the community, resources in this section of the directory address the special needs and issues that relate to families. Many of the materials listed discuss identifying difficulties, preventing and remedying problems such as abuse and neglect, and making referrals. They also provide information on alternative families, families in crisis, conflict resolution and cultural differences, with the ultimate goal of helping families to help themselves.

Since home visitors are often the first to become aware of family problems or of inadequate support systems during times of crisis, this list of resources provides information on basic intervention strategies, family dynamics, and other related issues. It helps answer questions about when to intervene in a situation and when to refer to an agency or more qualified individuals.

Because there is as much diversity in families and their problems as there is in finding solutions or supports, this list is a place to begin designing your own programs and the home visitor is encouraged to expand in whatever direction seems appropriate. Agencies, journals, newsletters as well as the toll-free numbers listed in the back of the directory provide further resources.

**Title:** **Beyond the Stereotypes:  
A Guide to Resources for Black Girls and Women**

**Supplier:** National Black Child Development Institute  
1023 15th Street, NW, Suite 600  
Washington DC 20005  
(202) 387-1281

**Published:** 1985

**Resource Type:** Guide      **Length (pgs):** 76      **Cost:** \$8.50

**Description:**

This resource provides criteria for selecting resources for black girls. Annotated listings of age-appropriate books, records and cassettes, and films and videotapes begin with age three. Source addresses are included.

**Appropriate For:** Administrators, Home Visitors, Parents, Coordinators

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**Title:** **Black Children, Their Roots, Culture and Learning Styles**

**Author:** Hale-Benson, J.E.

**Supplier:** The Johns Hopkins University Press  
701 West 40th Street, Suite 275  
Baltimore MD 21211  
(410) 516-6930

**Published:** 1986

**Resource Type:** Book      **Length (pgs):** 215      **Cost:** \$11.95

**Description:**

Stating that black children across social classes are at risk in the traditional education process, this author shares her search for reasons. In the final chapter she suggests changes in existing educational policy that affect black children and describes an early education model that accommodates the book's thesis.

**Appropriate For:** Home Visitors, Parents, Coordinators



## SOCIAL SERVICES

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**Title:** Changing the Abusive Parent

**Author:** Goldstein, A.P., Keller, H. & Erne, D.

**Supplier:** Research Press  
Box 3177  
Champaign IL 61821  
(217) 352-3273

**Published:** 1985

**Resource Type:** Book      **Length (pgs):** 180      **Cost:** \$13.95

**Description:**

The first two chapters of this book describe the problem of child abuse and current intervention approaches. The remaining chapters focus on planning, organizing, and conducting skills-training to prevent abuse for groups. The recommended curriculum contains 37 specific skills and offers advice on problems that may occur in training sessions.

**Appropriate For:** Trainers, Coordinators

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**Title:** Child Sexual Abuse: What It Is and How To Prevent It

**Supplier:** American Academy of Pediatrics  
Department of Publications  
141 Northwest Point Blvd., PO Box 927  
Elk Grove Village IL 60009-0927  
(708) 228-5005

**Published:** 1990

**Resource Type:** Pamphlet      **Cost:** \$27.50/100 copies

**Description:**

This brochure discusses the scope of the problem, explains how to detect sexual abuse, and provides parents with measures to protect their children.

**Appropriate For:** Home Visitors, Parents

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**Title:** Developing Positive Self-Images and Discipline  
In Black Children

**Author:** Kunjufu, J.

**Supplier:** African American Image  
9204 Commercial, Suite 308  
Chicago IL 60617  
(312) 375-9682

**Published:** 1984

**Resource Type:** Book      **Length (pgs):** 104      **Cost:** \$7.95

**Description:**

The chapters of this book include: *The Politics of Educating Black Children; Developing Positive Self-Images and Self-Esteem in Black Children; A Relevant Curriculum; Self-Discipline; Parenting: Children are the Reward of Life; and From Theory to Practice: Strategies for Success.*

**Appropriate For:** Trainers, Home Visitors, Coordinators

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**Title:** Families First: A Program and Staff Development System

**Author:** Bowsen, M., Kater, W. & Klein, D.L.

**Supplier:** Individual and Family Development Services  
60A W. Church Street  
Denver PA 17517  
(215) 267-0102

**Resource Type:** Guide      **Cost:** \$80.00

**Description:**

*Families First* is a comprehensive staff development system, designed to increase individual competencies necessary for working in family-centered program. . It builds program support and trains staff to join with families to enhance their strengths in providing effective services within the family.

**Appropriate For:** Administrators, Home Visitors, Coordinators

## SOCIAL SERVICES

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**Title:** Prevention in Family Services

**Author:** Mace, D.R.

**Supplier:** Sage Publications  
2455 Teller Road  
Newbury Park CA 91320  
(805) 499-0721

**Published:** 1983

**Resource Type:** Book      **Length (pgs):** 265      **Cost:** \$19.95

**Description:**

This book is based on the idea that there is a need to shift emphasis from remedial services to prevention services for families. The authors have compiled information concerning various aspects of family life, marriage enrichment, parenthood and whole family enrichment, effective communicating, and dealing with conflict creatively.

**Appropriate For:** Home Visitors, Parents

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**Title:** Stress and the Single Parent

**Author:** Nuta, V.R.

**Supplier:** NCPCA Fulfillment Center  
200 State Road  
South Deerfield MA 01373-0200  
(800) 835-2671

**Published:** 1987

**Resource Type:** Pamphlet      **Cost:** \$.35

**Description:**

Money worries, day-to-day difficulties, and feelings of isolation create additional stress in the single parent which sometimes results in child abuse. Acknowledging their special needs and challenges, helpful suggestions are given on how to manage these demands successfully.

**Appropriate For:** Home Visitors, Parents

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**Title:** Stress Management Training:  
A Means for Reducing the Incidence of Child Abuse

**Author:** City of Seattle Head Start Program

**Supplier:** City of Seattle Head Start Program  
105 Union Street, Suite 160  
Seattle WA 98101  
(206) 386-1048

**Published:** 1986

**Resource Type:** Curriculum      **Cost:** FREE

**Description:**

This training series for low income, single parents consists of seven two-hour weekly sessions which address parenting skills, self-image building, and coping with anger. The four program components are (1) *Group Structure and Format*, (2) *Quality of the Trainers*, (3) *Provision of Supplemental Services*, and (4) *Curriculum Content*.

**Appropriate For:** Trainers, Home Visitors

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**Title:** Working with Children from Violent Homes

**Author:** Davis, D.

**Supplier:** ETR Associates  
PO Box 1830  
Santa Cruz CA 95061  
(408) 438-4060

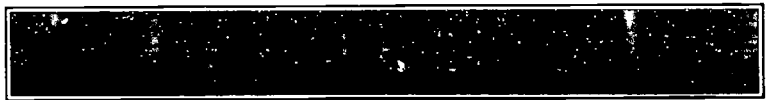
**Published:** 1986

**Resource Type:** Book      **Length (pgs):** 37      **Cost:** \$7.95

**Description:**

This is a sourcebook for adults working with children who have experienced violence in their home lives. The author shares techniques and activities she has found useful and includes descriptions of the problem, suggestions for approaching parents, thoughts on working with other agencies, and additional readings.

**Appropriate For:** Administrators, Home Visitors, Coordinators



# Appendices

## APPENDICES

- A. Agencies/Organizations**
- B. Newsletters/Journals**
- C. Toll Free Numbers**
- D. Training and Technical Assistance Professionals, Programs and Agencies**

## **Appendix A. Agencies/Organizations**

**American Speech-Language-Hearing Association**

10801 Rockville Pike

Rockville MD 20852

(301) 897-5700

In addition to providing certification for speech and language pathologists, this association provides general information to the public and a referral listing of local resources.

**Association for the Care of Children's Health (ACCH)**

7910 Woodmont Avenue, #300

Bethesda MD 20814

(301) 654-6549

ACCH is a multidisciplinary international organization that promotes the health and well-being of children and families in health care settings through education, interaction and research. Membership benefits include journals and newsletters.

**Blind Children's Center**

4120 Marathon Street

Los Angeles CA 90029

(800) 222-3566

The Blind Children's Center, a nonprofit organization, offers a program of diversified services which meets the special needs of blind, visually impaired or multi-handicapped children, birth through five years of age, their parents and siblings. Services include an infant stimulation program; parent participation groups; educational preschool; family support services; research program and an interdisciplinary assessment program.

**Children's Small Press Collection, The**

719 North Fourth Avenue

Ann Arbor MI 48104

(313) 668-8056

The Children's Small Press publishes a catalog representing 100 small publishers. It is a good resource for children's books concerning non-traditional families, plus multicultural materials. Also includes teacher resources and activity books.

**Committee for Children**

172 20th Avenue  
Seattle WA 98122  
(206) 322-5050  
(800) 634-4449

The Committee for Children's focus is prevention of child sexual exploitation through a program of curriculum development, professional training, community education and original research. Regularly scheduled training events augment print and audiovisual materials.

**Consumer Product Safety Commission**

Washington DC 20207  
(800) 638-2772

The CPSC develops safety standards for consumer products, promotes research, and investigates product-related deaths, injuries and illnesses. They produce product safety materials including many items appropriate for Head Start use.

**Council on Interracial Books for Children, Inc.**

PO Box 1263  
New York NY 10023  
(212) 757-5339

Offers filmstrips, books, pamphlets, and lesson plans on bias-free materials. Offers *Bulletin*, which reviews children's books, texts and other materials (\$20.00 individual; \$28.00 institution for 8 issues yearly).

**Epilepsy Foundation of America**

4351 Garden City Drive  
Landover MD 20785  
(301) 459-3700

*Children and Epilepsy: The Teacher's Role, Recognizing the Signs of Childhood Seizure, and When Seizures Don't Look Like Seizures*, are among the brochures or booklets (some available in Spanish) from the Epilepsy Foundation of America. Single copies are free.



**Kid • Love • Unlimited**

2973 Harbor Blvd., #508  
Costa Mesa CA 92626  
(714) 549-1421

KLU is a mail order business selling materials that can be used to advance awareness and appreciation of learning differences.

**Let's Play to Grow**

PO Box 5455  
Friendship Station  
Washington DC 20016  
(202) 364-0383

A play and recreation program designed for children with disabilities and their families. Supporting materials include: parent-oriented play guides, teacher's manuals, club leader manuals and bimonthly newsletters for leaders and parents. A play and activity guide for families with a handicapped preschool child is available. Many materials are translated into Spanish. Video film depicting the *Let's Play to Grow* program is available on loan.

**Mothers United for Moral Support, Inc. (MUMS)**

150 Custer Court  
Green Bay WI 54301  
(414) 336-5333

Volunteers maintain international computerized listing of parents with children who have a rare or little-known disability/syndrome. Provides information and networking for support groups or individuals.

**National Center on Child Abuse and Neglect Clearinghouse**

PO Box 1182  
Washington DC 20013-1182  
(703) 385-7565  
(800) 394-3366 (outside DC metro area)

The Clearinghouse on Child Abuse and Neglect functions as an information component of NCCAN. A database of documents, audiovisual materials, service programs, excerpts of State statutes, and ongoing child abuse and neglect research projects are maintained by the Clearinghouse.

**National Clearinghouse for Bilingual Education, The**  
1118 22nd Street, NW  
Washington DC 20037  
(800) 321-6223

This Clearinghouse is the national information center on the education of minority language students. Its primary purpose is to provide information services to educators working with limited English-proficient students.

**National Committee for Prevention of Child Abuse (NCPCA)**  
PO Box 2866  
Chicago IL 60690  
(312) 663-3520

This volunteer-based organization works with community, state, and national groups to disseminate knowledge about child abuse prevention. NCPCA publishes a variety of materials on child abuse, child abuse prevention, and parenting. For a free publications catalog or to place an order, contact NCPCA Fulfillment Center, 220 State Road, South Deerfield, MA 01373, or call (800) 835-2671.

**National Health Information Clearinghouse**  
PO Box 1133  
Washington DC 20013-1133  
(800) 336-4797; (301) 565-4167

The NHIC is a central source of information and referral for health questions. It serves consumers and health professionals and produces directories, resource guides, and other publications on a variety of subjects. It also distributes publications from the Office of Disease Prevention and Health Promotion, U.S. Public Health Service.

**National Information Center for Children and Youth with Disabilities (NICCYD)**  
PO Box 1492  
Washington DC 20013-1492  
(800) 999-5599  
(703) 893-6061

NICCYD is a free information service that helps parents, educators, caregivers, advocates, and others to improve the lives of children and youth with disabilities. Staff answer questions and develop and share new information through fact sheets and newsletters. Text telephone (703) 893-8614.

**National Information System and Clearinghouse**

Center for Developmental Disabilities

University of South Carolina

Benson Building, 1st Floor

Columbia SC 29208

(800) 922-9234

The Clearinghouse provides information to parents and professionals on infants and toddlers with disabilities and/or life-threatening conditions. The Vietnam Veteran project provides information to Vietnam veterans and their families who have children with disabilities.

**National Maternal and Child Health Clearinghouse**

38th and R Streets, NW

Washington DC 20007

(202) 625-8410

The Clearinghouse provides current information and publications on maternal and child health topics. Information packets are available on child health, nutrition, prenatal care, children with special health care needs and others. Some publications are available in Spanish.

**National Organization of Single Mothers (NOSM)**

PO Box 68

Midland NC 28107-0068

(704) 888-KIDS

The National Organization of Single Mothers is committed to helping single parents meet the challenges of daily life with wisdom, courage, and a sense of humor. NOSM seeks to promote the empowerment of these parents and their families and to unite them with other such families in a network of mutual support and action through its bi-monthly publication, *Single Mother*, and by establishing nationwide self-help and support groups. \$12.80 basic yearly membership.

**National Resource Center for Family Support Programs (NRC/FSP)**

Family Resource Coalition  
200 S. Michigan Avenue, Suite 1520  
Chicago IL 60604  
(312) 341-0900

The National Resource Center for Family Support Programs (NRC/FSP) was established to assure the availability of current knowledge in the field of family support on the design, development, and implementation of family support programs. The Center identifies and develops materials for policymakers and practitioners (such as program descriptions, bibliographies, program development manuals, training curricula and monographs); and provides technical assistance, training, and consulting in family support program design and operations.

**National Safety Council**

Customer Service Department  
1121 Spring Lake Drive  
Itasca IL 60143-3201  
(708) 285-2075

The National Safety Council offers a number of products to assist adults in teaching good safety habits to children. It also hosts the largest safety convention in the USA each fall, offering a very wide variety of safety and health sessions covering not only children's issues but occupational and traffic-related issues as well.

**Nutri-Topics**

Food and Nutrition Information Center, NAL  
Room 304, 10301 Baltimore Blvd.  
Beltsville MD 20705  
(301) 344-3719

Nutri-Topics offers bibliographies to assist in the search for information or resources on topics related to food and nutrition. Resources include print and audiovisual materials as well as contacts for assistance.

**Olive Press, The**

Multicultural Resources For Teaching Young Children  
5727 Dunmore  
W. Bloomfield MI 48322  
(313) 855-6063

The Olive Press publishes a catalog of resources which include multicultural topics and early childhood books and teaching resources that emphasize cultural awareness.

**Parent Advocacy Coalition for Educational Rights, Inc. (PACER)**

4826 Chicago Avenue, South  
Minneapolis MN 55417  
(612) 827-2966

PACER center is concerned with the education of children with physical, mental, emotional, and learning disabilities, and other health impairments. It provides two major programs: Parents Helping Parents, a parent training project; and Count Me In, a disabilities awareness project.

**U.S. Government Printing Office**

Superintendent of Documents  
Washington DC 20402  
(202) 783-3238

The U.S. Government Printing Office has books, pamphlets, posters, periodicals, subscription services and other government publications available for purchase. A free copy of the *Subject Bibliography Index* will be sent on request.

## **Appendix B. Newsletters/Journals**

**Title:** **Bi-monthly Report of Center Activities**

**Supplier:** National Safety Town Center  
PO Box 39312  
Cleveland OH 44139  
(216) 831-7433

**Description:**

This bi-monthly newsletter features general safety information and tips on child development.

**Title:** **Black Child Advocate, The**

**Supplier:** National Black Child Development Institute  
1023 15th Street, NW, Suite 600  
Washington DC 20005  
(202) 387-1281

**Description:**

This newsletter shares with its readers the activities, programs, and services available to black children and their families on both national and regional levels. Published quarterly. \$12.50/year.

**Title:** **Building Blocks: Family Edition or Child Care Edition**

**Supplier:** Building Blocks  
38 W. 567 Brindlewood  
Elgin IL 60123  
(708) 742-1013

**Description:**

A newspaper for parents and home visitors containing practical ideas of activities parents can do with their children. Each issue has a pull-out game for parents to play with their child. Published 10 times a year. \$20.00/year.

**Title:** Child Health Talk

**Supplier:** National Black Child Development Institute  
1023 15th Street, NW, Suite 600  
Washington DC 20005  
(202) 387-1281

**Description:**

This quarterly publication is directed to black parents but includes general health information for all. Published quarterly. \$8.00/year.

**Title:** Children Today: An Interdisciplinary Journal for the Professional Serving Children

**Supplier:** U.S. Children's Bureau  
Administration for Children and Families  
Washington DC 20201  
(202) 245-8707

**Description:**

Publishes discussion-type articles concerned with current events, programs and research related to children from infancy through high school years. For teachers, social workers, psychologists--anyone who works with or is interested in children. \$16.00/year.

**Title:** Exceptional Children

**Supplier:** The Council for Exceptional Children  
1920 Association Drive  
Reston VA 22091  
(703) 620-3660

**Description:**

*Exceptional Children* is the official journal of the Council for Exceptional Children. It keeps readers informed of the latest trends in the education of exceptional children and youth, both handicapped and gifted. Published 6 times per year. \$45.00/year.



**Title:** Exceptional Parent, The

**Supplier:** Psy-Ed Corporation  
1170 Commonwealth Avenue  
Boston MA 02134-9942  
(617) 536-8961

**Description:**

*The Exceptional Parent*, published eight times a year, features articles specifically directed at parents of children with disabilities, but is also helpful to other parents and individuals working with families. The articles focus on parenting skills and resources. \$18.00/year.

**Title:** Family Relations

**Supplier:** The National Council on Family Relations  
3989 Central Avenue, NE, Suite 550  
Minneapolis MN 55421  
(612) 781-9331

**Description:**

A journal concerned with issues relating to contemporary family life, family problems and research, including philosophy and methods. Published quarterly. \$30.00/year.

**Title:** Gifted Child Today, The

**Supplier:** The Gifted Child Today  
PO Box 6448  
Mobile AL 36660  
(205) 478-4700

**Description:**

Presents practical suggestions and ideas for the education and rearing of gifted children and youth. A good resource for parents and teachers. \$30.00/year.

**Title:** **Hispanic Families**

**Supplier:** Family Resource Coalition  
200 South Michigan, Suite 1520  
Chicago IL 60604  
(312) 341-0900

**Description:**

This report focuses on demographics, public policy, law, bilingualism, health, education, service delivery, and programs related to Hispanic families. The cost for the report is \$2.50.

**Title:** **Mental Retardation**

**Supplier:** American Association on Mental Retardation  
1719 Kalorama Road, NW  
Washington DC 20009-2683  
(800) 424-3688

**Description:**

*Mental Retardation* is the weekly publication of the Association. Each issue presents new teaching approaches, administrative tools, critiques, case studies and research for therapists, administrators, and advocates. \$35.00/year.

**Title:** **News Digest**

**Supplier:** National Information Center for Children and Youth  
with Disabilities (NICCYD)  
PO Box 1492  
Washington DC 20013-1492  
(703) 893-6061; (800) 999-5599

**Description:**

This free newsletter is published three times a year. Each issue consists of feature articles pertaining to one topic of interest to persons with disabilities, their families and professionals, as well as sources of further information on the topic. Text telephone (703) 893-8614.

**Title:** Nutrition Action Healthletter

**Supplier:** Center for Science in the Public Interest  
1875 Connecticut Avenue, Suite 300  
Washington DC 20009-5728  
(202) 332-9110

**Description:**

Facts obtained from the latest nutrition research are featured in this newsletter. Menu plans, product comparisons, recipes, and information needed to make wise food choices are addressed. \$20.00/year (10 issues).

**Title:** Pre-K Today

**Supplier:** Scholastic, Inc.  
730 Broadway  
New York NY 10003  
(212) 505-4964  
(800) 544-2917

**Description:**

Exciting, practical hands-on activities and ideas for centers and homes. \$19.95/year.

**Title:** Preschooler, The: A Home Guide for Parents to  
Help Their Preschool Children Learn and Grow

**Supplier:** Preschool Activities  
PO Box 24464  
Johnson City TN 37614  
(615) 929-4415

**Description:**

*The Preschooler* is a weekly guide designed to be used by parents, home visitors, teachers, and aides. It is published for 36 consecutive weeks beginning in September of each year. \$.70 per copy.

**Title:** Sesame Street Magazine

**Supplier:** Children's Television Workshop  
1 Lincoln Plaza  
New York NY 10023  
(212) 595-3456

**Description:**

This children's magazine provides a wide variety of activities which are developmentally appropriate for preschoolers. It includes suggestions to adults to help children get the most out of each issue. \$10.95/year.

**Title:** Sibling Information Network Newsletter

**Supplier:** Sibling Information Network  
A.J. Pappanikou Center  
991 Main Street  
East Hartford CT 06108  
(203) 282-7050

**Description:**

Research and literature reviews as well as meetings, family relationships, and information of interest for siblings are the focus of this periodical. Published quarterly. \$7.00/year (individual); \$15.00/year (organizations).

**Title:** Single Parent, The

**Supplier:** Parents Without Partners, Inc.  
8807 Colesville Road  
Silver Spring MD 20910  
(301) 588-9354; Fax (301) 588-9216

**Description:**

This magazine covers a wide spectrum of topics of interest to single parents, such as coping with the effects of family changes due to separation and divorce, and solving child care dilemmas. The magazine reviews books of interest to single parents. \$15.00/year.

**Title:** Totline Newsletter

**Supplier:** Totline Press  
PO Box 2255  
Everett WA 98203  
(206) 353-5203

**Description:**

Features activities for art, music, creative movement, coordination, language, science and self-awareness, plus learning games, party ideas, sugarless snacks, original stories, feature articles and a special infant-toddler page. \$24.00/year - 6 issues.

**Title:** Young Children

**Supplier:** National Association for the Education of Young Children  
1059 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777  
(800) 424-2460

**Description:**

Bi-monthly journal containing current information related to the study, interpretation, and improvement of the education and care of young children. For teachers and parents of children from birth through age 8. \$30.00/year.

**Title:** Your Big Backyard

**Supplier:** National Wildlife Federation  
8925 Leesburg Pike  
Vienna VA 22180  
(703) 790-4000

**Description:**

Color photographs highlight the natural world in this monthly publication intended for children ages 3 to 5. Ideas and learning tips are given for using each issue in creative and meaningful ways. \$12.00/year.

## APPENDIX: B. Newsletters/Journals

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**Title:** Zero to Three

**Supplier:** Zero to Three/National Center for Clinical Infant Programs  
2000 14th Street, North, Suite 380  
Arlington VA 22201-2500  
(703) 528-4300

**Description:**

*Zero to Three* is the bulletin for the National Center for Clinical Infant Programs. The publication is written for professionals working with infants, toddlers, and their families. Published 6 times per year. \$29.00/year.

## **Appendix C. Toll Free Numbers**

103

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American Academy of Pediatrics	800-433-9016
American Cancer Society	800-ACS-2345
American Diabetes	800-ADA-DISC
American Speech and Language Hearing Association - Hearing and Speech Hotline	800-638-8255
AIDS Hotline	800-342-AIDS
AMC Cancer Information Center	800-525-3777
American Council of the Blind	800-424-8666
American Kidney Fund	800-638-8299
Boy Scouts of America	800-323-0732
Cancer Information Service National Line	800-4-CANCER
Captioned Films for the Deaf	800-237-6213
Child Development Associate	800-424-4310
Child Find/Missing Children Hotline	800-426-5678
Children's Defense Fund	800-CDF-1200
Cleft Palate Foundation	800-242-5338
Epilepsy Foundation of America	800-332-1000
ERIC Clearinghouse on Adult Career and Vocational Education	800-848-4815
Hearing Aid Helpline	800-521-5247
IBM Special Needs Information Referral Center	800-426-2133
International Shriners Headquarters Shriners Hospitals for Crippled Children	800-237-5055
Juvenile Diabetes Foundation International	800-533-2873
Migrant Education Program Development Center	800-338-4118



## APPENDIX: C. Toll Free Numbers

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NAACP Legal Defense and Educational Fund, Inc.	800-221-7822
National Association for the Education of Young Children (NAEYC)	800-424-2460
National Center for Stuttering	800-221-2483
National Child Abuse Hotline - Referral Service	800-4A-CHILD
National Committee for Prevention of Child Abuse	800-835-2671
National Down Syndrome Society	800-221-4602
National Easter Seal Society	800-221-6827
National Father's Rights Organization	800-221-2372
National Health Information Center	800-336-4797
National Information Center for Children and Youth with Disabilities	800-999-5599
National Migrant Resource Program, Inc.	800-531-5120
National Multiple Sclerosis Society	800-227-3166
National Neurofibromatosis Foundation	800-323-7938
National Rehabilitation Information Center	800-34-NARIC
National Resource Center on Child Sexual Abuse	800-543-7006
National Reyes Syndrome Foundation	800-233-7393
National Runaway Switchboard	800-621-4000
National Safety Council	800-432-5251
National Special Needs Center	800-233-1222
National Spinal Cord Injury Hotline	800-526-3456
Parents Anonymous Hotline Office	800-421-0353
Poison Control Center	800-962-1253

## APPENDIX: C. Toll Free Numbers

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Runaway Hotline	800-231-6946
SIDS Alliance (Sudden Infant Death Syndrome)	800-638-7437
Tripod-Service for Hearing Impaired	800-352-8888
United Cerebral Palsy Association	800-USA-LUCP
U.S. Consumer Product Safety Commission	800-638-2772

## **Appendix D. Training and Technical Assistance Resources**

### **Introduction**

The following section lists Training and Technical Assistance Resources available to Head Start grantees and staff in the home-based program option. These resources include:

- Local Head Start Grantees willing to assist other programs with their training needs;
- Head Start Teaching Centers;
- Family Support Programs; and
- Other Training Consultants.

For up-to-date information on the Training and Technical Assistance Network, please contact the National Head Start Bureau or your Regional Office.

The listings in each resource section are subdivided by regions, and each resource listing includes the name(s) of training consultants.

**LOCAL HEAD START HOME-BASED GRANTEES**

Region I

Champlain Valley Office of Economic Opportunity  
191 North Street  
PO Box 1603  
Burlington, VT 05402  
(802) 933-4341

**Contact:** Leisa Pollander

Hampshire Community Action Commission  
56 Vernon Street  
PO Box 7  
Northampton, MA 01060  
(413) 586-1399

**Contact:** Carol Bond

SMOC Head Start  
31 Flagg Drive  
Framingham, MA 01701  
(508) 820-4631

**Contact:** Joanne Deoliveira

Tri-County Head  
610 Sullivan Street  
Berlin, NH 03570  
(603) 823-8131

**Contact:** Miriam Russell

Region II

ASPIRA of Puerto Rico, Inc.  
PO Box 29132  
65th Infantry Station  
Rio Piedras, PR 00929  
(809) 768-1696

**Contact:** Vitalia Velaquez

Cattaraugus County Community Action, Inc.  
101 South 19th Street  
Olean, NY 14760  
(716) 373-2447

**Contact:** Anne Kennedy

Cayuga County Action Program, Inc.  
87 North Street  
Auburn, NY 13021  
(315) 255-1703

**Contact:** Kim Barrette

Chenango County Head Start  
44 West Main Street  
PO Box 470  
Norwich, NY 13815  
(607) 336-4515

**Contact:** Kaye Taylor

Columbia Opportunities, Inc.  
802 Columbia Street  
Hudson, NY 12534  
(518) 828-4611

**Contact:** Sophia Becker

Northwest New Jersey Community Action Program  
350 Marshall  
Phillipsburg, NJ 08865  
(908) 454-7000

**Contact:** Linda Kane

Thompkins County Head Start  
Biggs Building A  
301 Dades Drive  
Ithaca, NY 14850  
(607) 273-8816

**Contact:** Penny Calderazzo

Cambria County Community Action, Inc. Head Start  
Box 1104  
Johnstown, PA 15907  
(814) 536-9031

**Contact:** Charlotte Rudel  
Lois Gagermeier

### Region III

Capital Area Head Start  
51 Banks Street  
PO Box 5500  
Harrisburg, PA 17110  
(717) 233-0752

**Contact:** Jo Pepper

## APPENDIX: D. Training and Technical Assistance Resources

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Child Development - York  
226 E. College Avenue  
York, PA 17403  
(717) 846-4600

**Contact:** Marion Hedgepeth  
Linda Riale

Lancaster - CAP Child Development Program  
630 Rockland Street  
PO Box 599  
Lancaster, PA 17603  
(717) 299-7301

**Contact:** Jane Byers-Wolfe  
Dorothy Kroehler

Lycoming-Clinton Counties CAA  
Lincoln Street  
PO Box 1328  
Williamsport, PA 17703  
(717) 326-0587

**Contact:** Mary Heffner

### Region IV

Chapel Hill Training Outreach - RAP  
1040 Shenandoah Court  
Winston Salem, NC 27103  
(919) 659-0789

**Contact:** Dot Hill

Kentucky Communities EOC Head Start  
PO Box 490  
Barberville, KY 40906  
(606) 546-3152

**Contact:** Carolyn Asher

Mid-East Tennessee Community Action Agency  
PO Box 43  
Rockwood, TN 37854  
(615) 354-0450

**Contact:** Barbara Cochran

NW Tennessee Head Start  
526 West Walnut Street  
McKenzie, TN 38201  
(901) 352-7951

**Contact:** Eric Dupree

Region V

Arrowhead Head Start  
702 3rd Avenue, South  
Virginia, MN 55792  
(218) 749-2912

**Contact:** Dawn Kemppainen

Ashtabula County Head Start  
3225 Lake Avenue  
Ashtabula, OH 44004  
(216) 992-7716

**Contact:** Pat Ammons



## APPENDIX: D. Training and Technical Assistance Resources

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CMA CAO Head Start  
9 Buttles Avenue  
Columbus, OH 43215  
(614) 221-5437

**Contact:** Maria Kee

Capital Area Community Services Head Start  
101 E. Willow  
Lansing, MI 48906  
(517) 482-1504

**Contact:** Lucy McClintic

Family Service and Visiting Nurse Association  
211 East Broadway  
Alton, IL 62002  
(618) 463-5951

**Contact:** Debbie Fremont

Heartland Head Start  
401 East Jefferson Street  
Bloomington, IL 61701  
(309) 829-1281

**Contact:** Pat Mecker

Interlocal CAP Head Start  
PO Box 644  
615 State Road 38W  
New Castle, IN 47362

**Contact:** Cheryl Miller

LEADS Head Start  
159 Wilson Street  
Newark, OH 43055  
(614) 345-2528

**Contact:** Cindy Roberts

Portage Project  
626 E. Slifer  
Portage, WI 53901  
(608) 742-8811, Ext. 257

**Contact:** Patty Herman

Springfield League Head Start  
1225 East Lawrence  
Springfield, IL 62703  
(217) 528-0893

**Contact:** Sherry Daniels

Wayne County Regional Education Service Agency  
33500 Van Born Road  
Wayne, MI 48184  
(313) 467-1542

**Contact:** Joann Coates

Region VI

Child Development, Inc.  
PO box 2110  
Russellville, AR 72801  
(501) 968-6493

**Contact:** Linda Reasoner  
Susan Lynch

## APPENDIX: D. Training and Technical Assistance Resources

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Child, Inc.  
818 East 53rd Street  
Austin, TX 78751  
(512) 451-7361

**Contact:** Beatrice Nunez

EOAC Head Start  
580 Franklin  
Waco, TX 76701  
(817) 753-0331

**Contact:** Gloria Arispe  
Saily Celestiror Marrujo

East Texas Family Services, Inc.  
PO Box 1843  
Jacksonville, TX 75766  
(903) 586-3577

**Contact:** Faye Warmesley

Northcentral Arkansas Development Council  
PO Box 3349  
Batesville, AR 72503  
(501) 793-3234

**Contact:** Linda Cooper

South Plains Community Action Association, Inc.  
PO Box 610  
Levelland, TX 79336  
(800) 658-9632

**Contact:** Nelle Watson

United CAP, Inc.  
PO Box 384  
Pawnee, OK 74058  
(918) 762-2561

**Contact:** N. Sandy Pope

Region VII

Lancaster Head Start Program  
Lincoln Public Schools  
225 South 25th Street  
Lincoln, NE 68510  
(402) 436-1995

**Contact:** Lynn Stager

Northeast Kansas Community Action Program, Inc.  
PO Box 380  
Hiawatha, KS 66434  
(903) 742-2222

**Contact:** Rose Sigmund

Panhandle Community Services  
3350 N. 10th Street  
PO Box 100  
Gering, NE 69341-0110  
(308) 635-3089

**Contact:** Charlene Mahnke  
Pat Nichols

## APPENDIX: D. Training and Technical Assistance Resources

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SEIDA  
226 W. Main  
PO Box 658  
Ottamwa, IA 52501  
(515) 682-8741

**Contact:** Ruth Guy

Southeast Community Action Program, Inc.  
Southeast Kansas  
110 North Ozark  
PO Box 128  
Girard, KS 66743  
(316) 724-8204

**Contact:** Mary Ann Kisser

Tri-County Head Start  
PO Box 3338  
Evansdale, IA 50707  
(319) 235- 0383

**Contact:** Carolyn Thorp

Wichita Head Start  
1069 Parklane  
Wichita, KS 67218  
(316) 682-3891

**Contact:** Janet Diggs

Region VIII

Bear River Head Start  
75 South 400 West  
PO Box 281  
Logan, UT 84321  
(801) 753-0951

**Contact:** Glenna Markey

Davis School District Head Start  
120 West 3000 North  
Layton, UT 84041  
(801) 744-7427

**Contact:** Cathy Shaw

ICAP Head Start  
Box 268  
Madison, SD 57042  
(605) 256-6518

**Contact:** Lynde Venhuisen

Newport School District #1 - Head Start Program  
PO Box 150  
Towner, ND 58788  
(701) 537-5409

**Contact:** Dallas Knudson

Oahe Child Development Center, Inc.  
PO Box 907  
Pierre, SD 57501  
(605) 224-6361

**Contact:** Barbara Biwer

Youth and Family Services Head Start  
PO Box 2813  
Rapid City, SD 57709-2813  
(605) 341-6448

**Contact:** Bernie Peterson

Region IX

Child Development Resources, Inc.  
505 South A Street  
PO Box 6009  
Oxnard, CA 93030  
(805) 986-3531

**Contact:** Connie Provencio

Feta-Sacramento Employment/Training Agency  
1217 Del Paso Boulevard  
Sacramento, CA 95815  
(916) 646-8705

**Contact:** Joe Martinez

Fresno EOC Head Start  
1920 Mariposa Mall  
Fresno, CA 93721  
(206) 263-1200

**Contact:** Naomi Quincy-Mizumoto

Options Head Start  
10845 East Central Avenue  
South El Monte, CA 91733  
(818) 459-4299

**Contact:** Fran Johnson

Placer Community Action Council, Inc.  
11534 C Avenue  
Auburn, CA 95603  
(916) 885-0432

**Contact:** Denyse Cardoza

Sierra Head Start  
PO Box 3865  
Quincy, CA 95971  
(916) 283-1242

**Contact:** Carolyn Halverson

Tulare County Department of Education  
Child Care Program  
7000 Doe Avenue  
Visalia, CA 93291  
(209) 651-3022

**Contact:** Bonnie Tulles

Region X

Early Childhood Opportunities NW  
1200 Dupont, Suite 1A  
Bellingham, UT 98225  
(206) 734-8396

**Contact:** Leslie Eastwood

Gray Harbor Community Action Council  
PO Box 1827  
Aberdeen, WA 98520  
(206) 533-5100

**Contact:** Valerie Arnold



## APPENDIX: D. Training and Technical Assistance Resources

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Kids & Kin Head Start  
221 B Street  
Springfield, OR 97477  
(503) 747-2454, Ext. 240

**Contact:** Christine Bass

North Idaho College Head Start  
1000 West Garden  
Coean D'Aleno, ID 83814  
(208) 667-8478

**Contact:** Doug Fagerness

Rural Alaska Community Action Program  
PO Box 200908  
Anchorage, AK 99520  
(907) 279-2511

**Contact:** Judy Goenett

Spokane County Head Start/ECEAP  
4410 N. Market  
Spokane, WA 99207-5829  
(509) 533-8044 or 8060

**Contact:** Joan Baune  
Kris Miller

## NATIVE AMERICAN HEAD START PROGRAMS

Mille Lacs Reservation Head Start  
HCR-67 Box 194  
Onamia, MN 56359  
(612) 532-4181

**Contact:** Norma Thompson

Tanana Chiefs Conference  
122 First Avenue  
Fairbanks, AK 99701  
(907) 452-8251, Ext. 3174

**Contact:** Betty Toatte

White Earth Tribal Council  
PO box 448  
White Earth, MN 56591  
(218) 983-3285

**Contact:** Blanche Miemi

## MIGRANT HEAD START PROGRAMS

East Coast Migrant Head Start Project  
212 South Hale Avenue  
Tampa, FL 33609  
(813) 286-7181

**Contact:** Suzanne Jessamyn

## HEAD START TEACHING CENTERS

### Region I

C.H.I.L.D. Inc.  
1642 W. Shore Road  
Warwick, RI 02990  
(401) 737-0403

**Contact:** Lynda Dickinson, Head Start Director  
Bill Denswore

### Region II

Washington County Head Start  
949 Dix Avenue  
Hudson Falls, NY 12839  
(518) 747-2816

**Contact:** Elizabeth Osborne, Director  
Jeanne Goodman

### Region IV

Chapel Hill-Carrboro City Schools  
800 E. Town Drive, Suite 105  
Chapel Hill, NC 27514  
(919) 490-5577

**Contact:** Janet Turchi, Director

Western Kentucky University Child Care Consortium  
344 Tate Page Hall  
Bowling Green, KY 42101  
(502) 745-4041

**Contact:** Connie Jo Smith, Coordinator

Region V

Wabash Area Development, Inc.  
100 North Latham  
PO Box 70  
Enfield, IL 62835  
(618) 963-2387

**Contact:** Donna Emmons, Director  
Maxine Delop, Coordinator

Region VI

Institute for Child and Family Studies  
College of Home Economics  
Texas Tech University  
Lubbock, TX 79409  
(806) 742-3296

**Contact:** Mary Tom Riley, Director

Region VII

Mid-Iowa CAA, Inc.  
1500 E. Linu Street  
Marshalltown, IA 50158  
(515) 752-7162

**Contact:** Janet Carl, Director  
Kathie Readout

Region VIII

S.U.U. Head Start  
S.U.U. Box 9587  
Cedar City, UT 84720  
(801) 586-7949

**Contact:** Virginia Higbee, Director  
Roxanna Johnson

Region IX

Southwest Human Development  
202 E Earll, Suite 140  
Phoenix, AZ 85012  
(602) 266-5976

**Contact:** Alan Taylor, Director  
Evelyn Leiberman

Santa Clara County Office of Education  
100 Skyport Drive  
San Jose, CA 95115  
(408) 453-6947

**Contact:** Yolanda Garcia, Head Start Director

Region X

South Central CAA  
726 Shoshone Street West  
PO Box 531  
Twin Falls, ID 83303  
(208) 733-9351

**Contact:** Lynette Michel

Migrant Program Branch

Stanislaus County Department of Education  
801 County Center III Court  
Modesto, CA 95355  
(209) 525-6609

**Contact:** Deborah Clipper, Coordinator  
Hal DeArmand, Head Start Director

## FAMILY SUPPORT PROGRAMS

Family Strength  
72 North Main Street  
Concord, NH 03301  
(603) 228-3266

**Contact:** Ellie Stein  
Jeanne Zamosky

National Family Resource Coalition  
200 South Michigan Avenue  
Chicago, IL 60604  
(312) 341-0900

**Contact:** Lynn Pooley

## CONSULTANTS

### Region I

Sheila Skiffington  
Education Development Center  
55 Chapel Street  
Newton, MA 02160  
(617) 969-7100

### Region II

Robert E. Daniels  
New York University  
48 Cooper Square, Room 103  
New York, NY 10003  
(212) 998-7205

Patricia Hall  
New York University  
48 Cooper Square, Room 103  
New York, NY 10003  
(212) 998-7205

## APPENDIX: D. Training and Technical Assistance Resources

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Mary Maples  
138 Jamesville Avenue, Apt. #D3  
Syracuse, NY 13210  
(315) 478-5106

### Region III

Judi Thomas  
3636 16th Street, NW, Apt. #A823  
Washington, DC 20010  
(202) 667-6115

### Region IV

Janet Buckley  
344 Tate C. Page Hall  
Western Kentucky University  
Bowling Green, KY 42101  
(502) 745-4041

Robin Gadsden Dupree  
c/o Northwest Head Start Program  
526 West Walnut  
McKenzie, TN 38201  
(901) 352-7951

Sally Hardy  
2903 Millwood Avenue  
Columbia, SC 29205  
(803) 254-9263

### Region V

Evelyn Petersen  
843 South Long Lake Road  
Traverse City, MI 49684  
(800) 748-0213

Roy Pierson, Director  
CSR, Inc.  
79 West Monroe Street, Suite 919  
Chicago, IL 60603  
(312) 236-3786

Barbara Kuczen  
Chicago State University  
95th at King Drive  
Chicago, IL 60628  
(312) 995-2349

Region VI

Tom Tidwell  
Institute for Child & Family Studies  
Texas Tech University  
PO Box 4170  
Lubbock, TX 79416  
(800) 527-2802

Jeannie Webb  
4500 Village Court West  
Austin, TX 78744  
(512) 443-6832

Region VII

Donna McClish  
Community Development Institute  
6528 Raytown Road, Suite C  
Raytown, MO 64133  
(816) 356-5373

Donna McDaniel, Director  
Community Development Institute  
6528 Raytown Road, Suite C  
Raytown, MO 64133  
(816) 356-5373

Joni Muehlberger-Breidathal  
Community Development Institute  
6528 Raytown Road, Suite C  
Raytown, MO 64133  
(816) 356-5373



Region VIII

Cheryl Lucas  
12587 West Dakota Avenue, Apt. 1-301  
Lakewood, CO 80228  
(303) 763-8036

Sheri Noble  
Box 123  
Hyrum, UT 84319  
(801) 245-3370 (H)  
(801) 750-1435 (O)

Region IX

Katherine Clifford  
38 Oakdale Street  
Redwood City, CA 94062  
(415) 369-7084

Mary Claire Heffron  
1228 Carleton Street  
Berkeley, CA 94702  
(510) 428-3885

Mary Lewis  
1086 Keith Avenue  
Berkeley, CA 94708  
(510) 525-1690

Jean Monroe  
2193 40th Avenue  
Oakland, CA 94601  
(510) 261-8726

Region X

Jennifer Slack  
Development Associates, Inc.  
2815 Second Avenue, Suite 397  
Seattle, WA 98121  
(206) 441-7968

Migrant Programs

Suzanne Jessamyn  
212 South Hale Avenue  
Tampa, FL 33609  
(813) 286-7181

Indian Programs

Donna Clapp  
Three Feathers Associates  
1808 Newton Drive  
PO Box 5508  
Norman, OK 73070  
(405) 360-2919



# Index

## INDEX

### A. Titles

### B. Titles and Organizations/Spanish

## **INDEX**

### **A. Titles**

Title	Page Number
Acceptance is Only the First Battle .....	31
Ages and Stages .....	11
Alice Doesn't Babysit Anymore .....	43
Alike and Different: Exploring Our Humanity With Young Children .....	11
Annie Overcomes Isolation .....	43
Are You Listening to What Your Child May Not Be Saying? .....	44
Around the World .....	13
Because You Need to Know .....	44
Before The Basics: Creating Conversations With Young Children .....	12
Beginner's Bibliography - 1991 .....	12
Beyond the Stereotypes: A Guide to Resources for Black Girls and Women .....	81
Black Children, Their Roots, Culture and Learning Styles .....	81
Black Families .....	65
Bright From the Start: The Story of the Nursing Bottle and Your Child's Teeth .....	45
Bringing Out The Best .....	65
Brothers and Sisters: A Special Part of Exceptional Families, Second Edition .....	31
Building a Relationship With Mother and Child .....	3
Building Families: A Training Method for Home-Based Head Start .....	3
Building Self-Esteem in Children .....	45
Calendar of Developmental Activities for Preschoolers .....	13

## INDEX: A. Titles

---

Title	Page Number
Changing the Abusive Parent .....	82
Child Sexual Abuse: What It Is and How To Prevent It .....	82
Crayons, Crafts and Concepts .....	14
Culture and Children .....	14
Dental Health Adviser .....	46
Developing Positive Self-Images and Discipline In Black Children .....	83
Developmental Screening in Early Childhood: A Guide .....	15
Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth through Age 8 - Expanded Edition .....	15
Empowering Families: Home Visiting and Building Clusters .....	66
Enjoy Your Gifted Child .....	66
Families and Early Childhood Programs .....	4
Families First: A Program and Staff Development System .....	83
Family Enrichment Trainer's Manual, The .....	67
Family Support In The Home - Home Visiting Programs and P.L. 99-457 .....	32
First Feelings: Milestones in the Emotional Development of Your Baby and Child .....	67
First Sixty Months, The: A Handbook of Promising Prevention Programs for Children Zero to Five Years of Age .....	4
Food...Early Choices .....	46
Food Is Special .....	47
Get a Jump on Kindergarten .....	16
Getting Involved Workshops for Parents .....	68
Getting Through to Your Handicapped Child .....	32

Title	Page Number
Good Grief: Helping Groups of Children When a Friend Dies . . . . .	47
Growing Up Strong . . . . .	48
Growing Up Writing . . . . .	68
Growth and Development Through Parenting, Second Edition . . . . .	69
Guidance of Young Children . . . . .	69
Guide to Children's Dental Health, A . . . . .	48
Happy Teeth for Healthy Smiles . . . . .	49
Help When the Parent is Handicapped . . . . .	33
Home Start Curriculum Guide . . . . .	16
Home Visiting - Procedures for Helping Families . . . . .	5
Home Visitor Standards . . . . .	5
Home Visit, The: A Preschool Educational Experience . . . . .	17
Homestretch, The . . . . .	17
How to Be a Better Parent . . . . .	70
How to Get Services by Being Assertive . . . . .	33
How To Talk So Kids Will Listen and Listen So Kids Will Talk . . . . .	70
Infections in Children: A Sourcebook for Educators and Child Care Providers . . . . .	49
Invitation to Play, An . . . . .	18
Invitation to Play, An: A Teacher's Guide . . . . .	18
It's My Body . . . . .	50
It Takes All Parts: An Activity Book to Develop Self-Concept in Young Children . . . . .	19

## INDEX: A. Titles

Title	Page Number
Kicking Your Stress Habits .....	50
Kids Worry Too .....	51
Language Games To Play With Your Child .....	19
Lay Home Visiting Programs: Strengths, Tensions and Challenges .....	6
Learning in Pairs: A Parent-Teacher Instructor's Guide for Children 2-6 Years Old .....	20
Leo the Late Bloomer .....	51
Little Beginnings: The First Five Years .....	20
Living and Teaching Nutrition .....	52
Loving Your Child is Not Enough: Positive Discipline that Works .....	71
More Than The ABC's: The Early Stages of Reading and Writing .....	21
Mother's Almanac, The Revised .....	71
No More Special Me .....	34
Nurturing Program For Parents and Young Children Birth to 5 Years Old .....	72
Nutrition Brochures .....	52
Nutrition - Resource for Head Start Home Visitors, A .....	53
1-2-3 Art .....	21
1-2-3 Games: No-Lose Group Games for Young Children .....	22
Open the Door, Let's Explore .....	22
OTTO Series, The .....	53
Parent and Child: A Parenting Awareness Program for Home-Based Head Start .....	72
Parent Helper: Handicapped Children Birth to Five .....	34



Title	Page Number
Parent Resource Directory for Parents and Professionals Caring for Children with Chronic Illness or Disabilities .....	35
Parenting Preschoolers: Suggestions for Raising Young Blind and Visually Impaired Children .....	35
Parent's Guide to Childhood Immunization .....	54
Parent's Guide to Controlling Head Lice, A .....	54
Parent's Guide to Nutrition .....	55
Parents In A Pressure Cooker .....	73
Parents, Please Don't Sit on Your Kids: A Parent's Guide to Nonpunitive Discipline .....	73
Parent Talk .....	74
Parent Talk: The Art of Parenting Video Series .....	74
Piggyback Songs .....	23
Play Power: Skill Building for Young Children .....	23
Practical Guide to Solving Preschool Behavior Problems, A .....	24
Practical Tips for the First Time Supervisor .....	6
Prevent Baby Bottle Tooth Decay .....	55
Prevention in Family Services .....	84
Problems Encountered By The Home Visitor .....	7
Problem Solving Series, The: I Want to Play, I Want It, I Can't Wait, My Name is Not Dummy .....	75
Quiet Times: Relaxation Techniques for Early Childhood .....	56
Reach Out and Teach: Meeting the Training Needs of Parents of Visually and Multiply Handicapped Young Children-- Peachbook and Parent Handbook .....	36

## INDEX: A. Titles

---

Title	Page Number
Reaching Out: A Directory of Voluntary Organizations in Maternal and Child Health .....	36
Read To Me! Sharing Books with Young Children .....	24
Report of the Surgeon General's Workshop on Children With HIV Infection and Their Families .....	56
Ring a Ring O'Roses .....	25
Role Of The Home Visitor, The .....	7
Safe Nursery, The: A Booklet to Help Avoid Injuries From Nursery Furniture and Equipment .....	57
Safety Education Books, Series of .....	57
Scribble Cookies and Other Independent Creative Art Experiences for Children .....	25
Seasons of Caring .....	37
Sharing Sensitive Information with Parents .....	37
Siblings Without Rivalry .....	75
Single Mother--A Support Group in Your Hands .....	76
Slow and Steady, Get Me Ready - A Parent's Handbook .....	26
Special Education For the Early Childhood Years .....	38
Steps to CDA for Home Visitors .....	26
Stress and the Single Parent .....	84
Stress Management Training: A Means for Reducing the Incidence of Child Abuse .....	85
Super Groups: Young Children Learning Together .....	27
Talks With Parents on Living With Preschoolers .....	76
Talk to Me and Talk to Me II .....	38

Title	Page Number
Teachables II: Homemade Toys that Teach . . . . .	27
Teaching Interpersonal Expertise to Strength Systems (TIES) Materials . . . . .	58
Tell Me, Papa . . . . .	58
Transition: Preschool to Public School Helping Children, Parents and Teachers . . . . .	39
Unlocking Doors: A Guide to Effective Communication . . . . .	39
Vegetable Magic . . . . .	59
Very Practical Guide to Discipline With Young Children, A . . . . .	77
Watch Me Grow . . . . .	59
We Love You: Buckle Up! Activities Packet . . . . .	60
Well Aware: An Introduction to Healthy Living Series . . . . .	60
What Will I Tell the Children? . . . . .	61
Where's Jess? . . . . .	61
Willie Learns the Touching Rule . . . . .	62
Working with Children from Violent Homes . . . . .	85
Working With Families . . . . .	40
Your Baby and Child: Birth to 5 . . . . .	28
You're a Better Parent Than You Think! A Guide to Common Sense Parenting . . . . .	77
Your Four-Year-Old: Wild and Wonderful . . . . .	28

## **INDEX**

### **B. Titles and Organizations/Spanish**

Title	Page Number
Are You Listening to What Your Child May Not Be Saying? .....	44
Bright From the Start: The Story of the Nursing Bottle and Your Child's Teeth .....	45
Food...Early Choices .....	46
Growing Up Strong .....	48
It's My Body .....	50
Nutrition Brochures .....	52
Parent Helper: Handicapped Children Birth to Five .....	34
Parent Talk .....	74
Safety Education Books, Series of .....	57
Talk to Me and Talk to Me II .....	38
Watch Me Grow .....	59

### Organization

Epilepsy Foundation of America .....	92
Let's Play to Grow .....	93
National Clearinghouse for Bilingual Education, The .....	94
National Maternal and Child Health Clearinghouse .....	95